Stages in a Human Life Cycle

All human beings experience a series of growth stages during their life time (birth to old age). These stages are prenatal, infancy, childhood, adolescence and adulthood.

Prenatal (nine months before birth to birth)

At this stage the child is still in the mother's womb. This is also a period in which rapid growth is taking place. All body parts develop. These include tissues, organs and systems needed for life support.

Infancy (birth until two years)

In this stage the body becomes bigger and stronger as the child changes from an infant to a toddler.

Childhood (three years to ten years)

During this stage several things occurs.

- Mastery of skills and independence.
- Learning and getting ready for school.
- Development of a wide range of skills and abilities.
- Puberty, or sexual development begins during later years of this stage.

Adolescence (ten to eighteen plus years)

This is a stage of rapid mental, emotional and physical growth and development.

Adulthood (nineteen years until death)

Adulthood is that period of greatest strength and stamina. During this stage physical growth ceases, but growth continue mentally, emotionally and socially. However physical abilities decline with age.

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A. Bubble in the letter that is next to the correct answer. (1 pt.)

1. Which of the following happens during the adult stage?

   (a) Puberty begins

   (b) The body becomes bigger and stronger

   (c) Physical growth ceases

   (d) All of the body parts develop

B. Write <u>true</u> or <u>false</u>. (1 pt.)

2. Prenatal is the stage when the child changes from infant to toddler.
   _____

3. During the infancy stage, the body becomes bigger and stronger._____

4. Members of the nuclear family include mother, father and children.
   _____

C. Fill in the blanks. Use the words in the box to help you. (1pt.)

adolescence	**independent**	**youngest**	**skills**

5. During childhood children begin to master _____.
6. The _____ may get to do things earlier than the

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older children.

7. _____ is the stage of rapid mental, emotional and physical growth.

8. The oldest child may be most _____.

D. Answer the following in complete sentences. **(1 pt.)**

9. What is the birth order?

_____
_____
_____
_____

10. What do all humans experience?

_____
_____
_____
_____

Total pts. – 10

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