# Unit 2 HEALTH



## E. LISTENING

**XIII Discuss with your friends about what common health problems are among teenagers? Put a tick next to the health problems.**

| | | | |
|---|---|---|---|
| a. toothache | ..... | e. headache | ..... |
| b. arthritis | ..... | f. high-blood pressure | ..... |
| c. short-sighted | ..... | g. sleeplessness | ..... |
| d. stomachache | ..... | h. overweight/ obesity | ..... |
| | | i.bone structure | ..... |

**XIV 1. Listen to a doctor talking about obesity among teenagers. Then answer the questions below.**

1. According to the doctor, what are the causes of obesity among teenagers?
   - A. weather
   - B. genes
   - C. teachers and friends
   - D. behavior
   - E. culture
   - F. money




2. According to the doctor, what health problems do obese teenagers may face with?
   - A. breathing problems
   - B. headache
   - C. heart disease
   - D. stomachache
   - E. joint pain
   - F. toothache



**2. Listen again and fill in the gaps with the missing words**

Obesity occurs when a person eats (1) ……. than the bodyburns. If one parent is obese, there is a (2) ……. chance that his or her child will also be obese. However, when both parents are obese, their children have (3) ……. an chance of being obese. In addition, more and more teenagers are obese because of their poor (4) ……. or (5) ……. a lot of fast-food. Some are so

LIVEWORKSHEETS

busy with homework or some are so lazy that they can't spend any time (6) ……. Watching TVs or playing (7) ……. hours and hours are also the reason for their overweight.

## F. WRITING

**XV Make compound sentences by using appropriate co-ordinators given below.**

| *and* | *but* | *so* | *or* | *for* |
|---|---|---|---|---|

1. I have a terrible headache. I want to visit my doctor.

→ .....

2. She felt so tired and sleepy. She couldn't sleep.

→ .....

3. The patient needs a special treatment. Her health condition is getting worse.

→ .....

4. My mother should have a healthy diet. She needs to do regular exercise, too.

→ .....

5. You need to take some pain-killers. You can visit the doctor if you want.

→ .....

LIVEWORKSHEETS