

1. The name of the gland that produces hormones during puberty is:
  - A. PITUITARY GLAND
  - B. BRAIN GLAND
  - C. HORMONE GLAND
2. The sexual cells in men are:
  - A. OVULES
  - B. SPERM
  - C. VEINS
3. The adolescence is the passage from:
  - A. BEING A BABY TO CHILDHOOD
  - B. CHILDHOOD TO MATURITY
  - C. CHILDHOOD TO BECOME AN ADULT
4. Facial hair and voice change is a common change during puberty in:
  - A. MALES
  - B. FEMALES
  - C. BOTH
5. Hip growth and menstruation is a change during puberty in:
  - A. MALES
  - B. FEMALES
  - C. BOTH
6. Which one of these is a physical change during puberty in females?
  - A. FACIAL HAIR
  - B. TESTICLES GROW
  - C. BREAST GROWTH
7. The sexual cells in women are:
  - D. OVULES
  - E. SPERM
  - F. VEINS
8. What is "testosterone"?
  - A. The name of the gland that produces hormones during puberty.
  - B. The hormone that starts male changes during puberty.
  - C. The hormone that starts female changes during puberty.

9. What is “estrogen”?

- A. The name of the gland that produces hormones during puberty.
- B. The hormone that starts male changes during puberty.
- C. The hormone that starts female changes during puberty.

10. Males and females start puberty at the same age.

- A. TRUE
- B. FALSE
- C. SCIENTIST AREN'T SURE KNOW.

11. Which one of these are normal changes during puberty in males and females?

- A. MENSTRUATION AND HIP GROWTH
- B. FACIAL HAIR AND VOICE CHANGE
- C. ACNE, BODY ODOR, AND PUBIC HAIR.

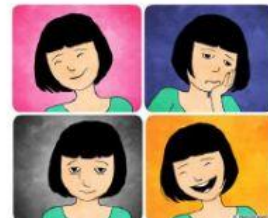
12. This picture represents this change in males during puberty.

- A. FACIAL HAIR
- B. MUSCLE DEVELOPMENT
- C. ADAM'S APPLE



13. This picture represents this change during puberty.

- A. BODY ODOR
- B. PUBIC HAIR
- C. MOOD SWINGS



14. Eating healthy food, sleeping well every night, drinking water, practicing a sport are going to help you to:

- A. KEEP YOUR BODY HEALTHY WHILE YOU GROW UP.
- B. STOP MOOD SWINGS
- C. STOP PHYSICAL CHANGES DURING PUBERTY.

15. What is important to do to stay healthy while you grow up?

- A. SAYING NO TO SMOKING, DRINKING ALCOHOL, AND DRUGS
- B. EATING JUNK FOOD EVERY WEEKEND.
- C. WATCHING MOVIES ALL NIGHT.