

# Self-check

## 1 Complete the words from the descriptions.

- 1 Your food goes here: **s** \_ \_ \_ \_ \_
- 2 This sometimes goes red in the sun:  
**s** \_ \_ \_ \_
- 3 Men have this when they don't shave:  
**b** \_ \_ \_ \_ \_
- 4 Your foot joins your leg here: **a** \_ \_ \_ \_ \_
- 5 When you exercise a lot these get very strong: **m** \_ \_ \_ \_ \_
- 6 The dentist checks these every year:  
**t** \_ \_ \_ \_ \_

## 2 Choose the correct answers.

- 1 I try to eat well and \_\_\_\_\_ fit.  
**a** have                      **b** do                      **c** keep
- 2 I usually \_\_\_\_\_ to bed at 10.30 to get eight hours of sleep.  
**a** go                      **b** make                      **c** sleep
- 3 I've got a \_\_\_\_\_ for my sister's birthday with her name on it.  
**a** nuts                      **b** cake                      **c** yoghurt
- 4 It's a good idea to eat \_\_\_\_\_ every day, even just one apple.  
**a** crisps                      **b** sandwiches **c** fruit
- 5 Doctors say it's important to \_\_\_\_\_ regular exercise.  
**a** make                      **b** do                      **c** play
- 6 Would you like your chicken with a \_\_\_\_\_ or chips?  
**a** beef burger    **b** salad                      **c** hot dog

**3 Complete the sentences with the correct words.**

allergy flu hay headache  
temperature throat

- 1 He needs to see the doctor because his \_\_\_\_\_ is very high.
- 2 I can't eat that. I've got a(n) \_\_\_\_\_ to nuts.
- 3 In summer I get terrible \_\_\_\_\_ fever.
- 4 The music at the concert was very loud and I got a(n) \_\_\_\_\_.
- 5 We shouted a lot at the football match and now I've got a sore \_\_\_\_\_.
- 6 Olly has to stay in bed because he's got the \_\_\_\_\_.

**4 Complete the sentences with the correct words.**

- 1 How \_\_\_\_\_ water do you drink every day?
- 2 There aren't \_\_\_\_\_ students in the classroom. Only two.
- 3 I watched too much television last night and I didn't do \_\_\_\_\_ work! Nothing!
- 4 A \_\_\_\_\_ of people don't do any exercise and get ill.
- 5 Did you eat all the fruit? There \_\_\_\_\_ any left.
- 6 I answered \_\_\_\_\_ of the questions but not many.

**5** Make sentences in the Past Simple and the Past Continuous.

- 1 where / you / go / when / I / see / you / this morning / ?  
\_\_\_\_\_
- 2 Hannah / read / a book / when / Gary / call / at her house  
\_\_\_\_\_
- 3 I / not work / when / Dave / come / to visit us  
\_\_\_\_\_
- 4 you / wait / at the bus stop / when / it / start / to rain / ?  
\_\_\_\_\_
- 5 the teacher / shout at us / because we / not concentrate / in class today  
\_\_\_\_\_
- 6 you / have / dinner / when / I / phone / you earlier / ?  
\_\_\_\_\_

**6** Complete the dialogues with one word in each gap.

- 1 A: What's the \_\_\_\_?  
B: I've \_\_\_\_ toothache.  
A: You \_\_\_\_ go to the dentist.
- 2 A: How are you \_\_\_\_?  
B: My back \_\_\_\_.  
A: You should make an \_\_\_\_ with your doctor.
- 3 A: What's \_\_\_\_?  
B: I \_\_\_\_ sick.  
A: Sit \_\_\_\_ and have \_\_\_\_ water.