

LOOK UP #Poet #Poem #SpokenWord

You are going to watch a short film related to the topic of modern interaction

Listen/watch the poem and fill in the missing words:

So look up from your phone, shut down the _____
Take in your surroundings, make the most of today
Just one real connection is all it can take
To show you the difference that being there can _____

Be there in the moment, that she gives you the look
That you remember forever as when love _____
The time she first held your hand, or first kissed your lips
The time you first disagreed but you still love her to _____

The time you don't have to tell hundreds of what you've just done
Because you want to share this moment with just this _____
The time you sell your computer, so you can buy a ring
For the girl of your dreams, who is now the real _____

The time you want to start a family, and the moment _____
You first hold your little girl, and get to fall in love again.
The time she keeps you up at night, and all you want is rest
And the time you wipe away the tears as your baby flees the _____

The time your baby girl returns, with a boy for you to hold
And the time he calls you granddad and makes you feel real _____
The time you've taken all you've made, just by giving life attention.
And how you're glad you didn't waste it, by looking down at some _____

The time you hold your wife's hand, sit down beside her bed,
You tell her that you love her and lay a kiss upon her _____
She then whispers to you quietly as her heart gives a final _____
That she's lucky she got stopped by that lost boy in the street.

But none of these times ever happened, you never had any of this.
When you're too busy looking down, you don't see the chances you _____

So look up from your phone, shut down those displays
We have a final act existence, a set number of _____
Don't waste your life getting caught in the net
As when the end comes nothing's worse than _____

I'm guilty too of being part of this machine,
This digital world, we are heard but not _____
Where we type as we talk, and we read as we chat
Where we spend hours together without making eye _____

So don't give in to a life where you follow the _____
Give people your love, don't give them your 'like'
Disconnect from the need to be heard and defined
Go out into the world, leave distractions _____



1. Do you agree that the smartphones are affecting the way we interact to people?
2. How often do you turn your devices off?
3. Do you share his negative view of social media?
4. Do kids spend less time outdoors nowadays, as he claims?
5. What are the positive aspects of having smartphone to interact with people. Mention at least 3.