

Complete the report with words from the boxes:

Introduction

This report was by Dr Ali Hassan, Health Department. It traditional medicine and whether it is and safe. The report was to be by 10 May.

submitted/
investigates/
requested/
considers/
effective/

Facts and findings

1. In the past decade there has been renewed attention and in the use of traditional medicine globally.
2. Most herbal remedy is well tolerated by the patient, with fewer unwanted than chemical drugs and may be safer to use over time.
3. Alternative therapies are commonly used to or disease and chronic illness and to improve quality of life.
4. Herbs much less than chemical medications. Research, testing, and marketing add to the cost of chemical medicines. Herbs tend to be compared to drugs.
5. There is a wide misconception that "natural" means "safe". Some consumers may be of potential side-effects, and how and when herbal medicines can be taken safely.
6. Herbs are available without a You can grow some simple herbs, such as peppermint, at home. In some remote parts of the world, herbs may be the only treatment available for them.

inexpensive/
treat/
prescription/
side effects/
interest/cost/
prevent/
unaware

Conclusion

Experts and of the remedy are divided about its and safety. However, treatments are considered to be effective in most cases.

benefit/users/
alternative

Recommendations

It is that patients:

- remember that natural does not mean safe. Make sure that the remedy is safe because some herbs are
- a doctor or a pharmacist before using any medicine because herbal remedies can interact with other medicines.
- use with care as its for children and pregnant women has not been established.

safety/
poisonous/
Consult/
recommended/