

Bullying



Bullying refers to an ongoing, purposeful behavior that is upsetting. It is unwanted physical or verbal aggression directed at a specific person, repeated over a period, involves an imbalance of power, and acts to exclude the victim from a group. Twenty-eight percent of young people from grades six through 12 have been the victim of bullying

There are at least six types of bullying.

Match the following types of bullying with its definitions and examples.

VERBAL BULLYING

- involves hitting, kicking, pinching, pushing, or otherwise attacking others.

PREJUDICIAL BULLYING

- focuses on the use of words to harm others with name-calling, insults, making bigoted comments, harsh teasing, taunting, mimicking, or verbal threats.

PHYSICAL BULLYING

- focuses on excluding someone from a peer group, usually through verbal threats, spreading rumors, and other forms of intimidation.

RELATIONAL BULLYING

- occurs in connection with a person's sex, body, and sexual orientation. It can be physical, verbal and/or emotional.

SEXUAL BULLYING

- uses the Internet, a smartphone, or other technology to harass, threaten, embarrass, or target another person

CYBERBULLYING

- based on prejudices toward people of different races, religions, or sexual orientation. This type of bullying can encompass all the other types of bullying.

