

MY MUSCLES

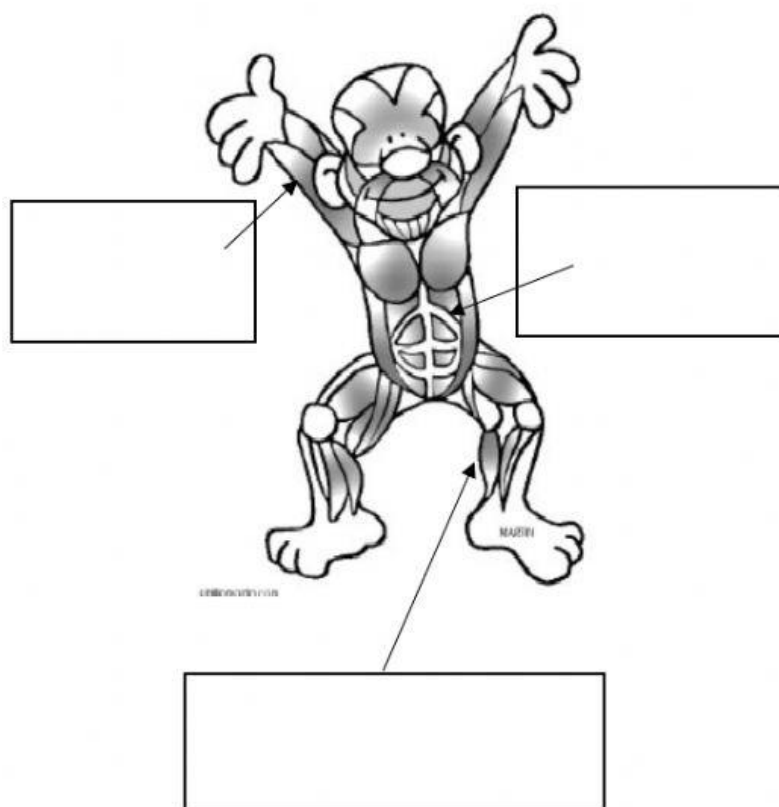
- help us move the body.

- Muscles are and .

soft

muscles

stretchy



calf muscles

biceps

abdominals