

7 Extreme Situations

Listening

A Read the sentences below about a race. Two of the options given fill the gap correctly. For each question, cross (X) out the option that does not fit the gap.

1 competitors limits athletes

In this race, the ___ must be extremely fit and strong.

2 most challenging toughest incredible

The event is one of the ___ in the world.

3 deal with carry on cope with


Competitors must ___ some very difficult conditions.

4 hot dry windiest

Most deserts are extremely ___ places.

5 event success competition

Only a small number of people can enter this ___.

B  Practise saying the alphabet with your partner. Then listen and write down the words that are spelt.

1 _____

2 _____

3 _____

4 _____

C Read the *Exam-Close-up* and the *Exam Task*. Then look at each gap carefully and think about what information might fit.

Exam Close-up

Checking spelling

- Remember to think about what words might be missing in the gaps.
- Be careful with spelling. It's important to spell the words correctly to get a correct answer.
- If there is a repeated letter in a word, you will hear the word 'double', e.g. difficult, D- I double F- I- C- U- L- T.

Exam Task

You will hear some information about a race in extreme parts of the world. For each question, fill in the missing information in the numbered space.

The Four Deserts Race

The race starts in the (1) _____ Desert, in Chile.

Length of each part of the race: (2) _____ km.

Gobi Desert: problems include strong (3) _____ and snow in the mountains.

Sahara desert: competitors find it difficult to (4) _____ because of sandstorms.


The final part of the race is in the (5) _____ desert.

Competitors can see penguins, seals and (6) _____.

Competitors sleep on a (7) _____.

Competitors run in very (8) _____ conditions.

D  Now complete the *Exam Task*.

E  Listen again and check your answers.

Participants walk across a sandy pass during the Marathon des Sables. An endurance race across the Sahara Desert in Morocco

