

Họ và tên : Lớp 7A....

SECTION I. LISTENING (1,5 points – 0,25 / each)

Part 1. Listen to the recording twice and decide the sentences are true or false.

	A good night's sleep	T	F
1.	Some people can sleep well with a television on.		
2.	It is good to play video games before bed.		
3.	It is good to turn your mobile off when you go to bed.		

Part 2. Listen to the recording twice again and complete the sentences with a word from the box.

earlier in the evening (0) welcome sleep turn off down low

0. Welcome to the show, Doctor Baker.
4. Do your hardest homework _____.
5. _____ your mobile when you go to bed.
6. Play music if you like. But turn the sound _____.

SECTION II: USE OF LANGUAGE (3,5 points – 0,25/each)

Part 1 : Pick out the word whose underlined part is pronounced different from that of the others:

7. A. <u>high</u>	B. <u>rough</u>	C. <u>tough</u>	D. <u>laugh</u>
8. A. <u>labour</u>	B. <u>flour</u>	C. <u>favour</u>	D. <u>honour</u>
9. A. <u>fear</u>	B. <u>earn</u>	C. <u>hear</u>	D. <u>clear</u>
10. A. <u>computer</u>	B. <u>recycle</u>	C. <u>camping</u>	D. <u>comics</u>

Part 2 : Fill in each blank with a suitable word in the box below:

Hobby models calories stamps donate eggshells

11. It's good toblood because you can save people' lives.
12. My sister has a bad: watching TV when eating.
13. We can getfrom food we eat. If we eat too many, we can be fat.
14. Makingcan be difficult if you are new to this hobby.

Part 3: Supply the correct tenses or forms of the following verbs and words in brackets:

15. They (clean)....the beach one week ago.
16. She (see)..... real lions several times so far.
17.people are those who do not have a home and really need help. (home)
18. My dad enjoys (ride).....his bike to work

Part 4: Match the questions in column A with the responses in column B

A	B
19. What's for breakfast, Mum?	a. I'd like some milk.
20. Is there any fruit ?	b. There is some bread.
	c. Yes. There are some oranges.

19. +

20. +

SECTION III. READING (2,5 points – 0,25/each)

Part 1: Read the following passage. Choose one option (A, B, C or D) that best completes each blank.

We need(21).....or energy to do the things every day. For example, when we walk to school or ... (22) ... a bike to school, we spend a certain amount of calories and even when we sleep, we also use them. But how many calories should we have a day to.... (23).... in shape? It's difficult for us to calculate. If people want to keep fit, they should remember that everyone should have..... (24) ...1600 and 2500 calories a day.

We get calories from the(25) ... we eat. If we get too many food and don't take part in any activities, we can get fat quickly. So besides studying, we should do exercise, play sports or do the housework, such as cleaning the floor, cooking, etc. If we don't eat enough, we(26)....tired and weak.

21.	A. calories	B. exercises	C. vegetables	D. drinks
22.	A. take	B. have	C. ride	D. go
23.	A. do	B. stay	C. get	D. want
24.	A. from	B. between	C. on	D. in
25.	A. rice	B. fruit	C. food	D. bread
26.	A. have	B. feel	C. keep	D. sleep

Part 2: Read the passage below and then state whether the following sentences are TRUE or FALSE:

Community service

Community service is very important in social life. As you know, our social life has both the rich and the poor people. So it is necessary for us to take part in volunteer activities to help poor people and elderly people. We can help them in various ways. Firstly, it is easy for us to collect old clothes which we don't need. Besides, we can join volunteer activities to raise funds for the poor and the homeless in our country. Finally, we can spend time talking with older people, sharing with poor children. Through these activities, we can develop our leadership skill by organizing fund raising, providing food as well.

Statements	True	False
27. Community service is not necessary in our life.		
28. We can take part in volunteer activities to help poor people.		
29. It is difficult for us to collect old clothes.		
30. Community service can develop our leadership skill.		

SECTION IV. WRITING (2,5 points – 0,5/ each)

Part 1: Rearrange the following words to make meaningful sentences.

31. in Han Noin / homeless / give away / warm clothes to / They / people.

→.....

32. my grandmother / for / We/ haven't / seen / 2 years.

→.....

Part 2: Finish each of the following sentences in such a way that it means the same as the sentence printed before it.

33. I started playing soccer 5 years ago.

→ I have.....

34. He was tired. He went to bed early. (use " so")

→

35. Mary thinks that carving eggshells is very difficult.

→ Mary finds.....

 Good luck, my dear ! 