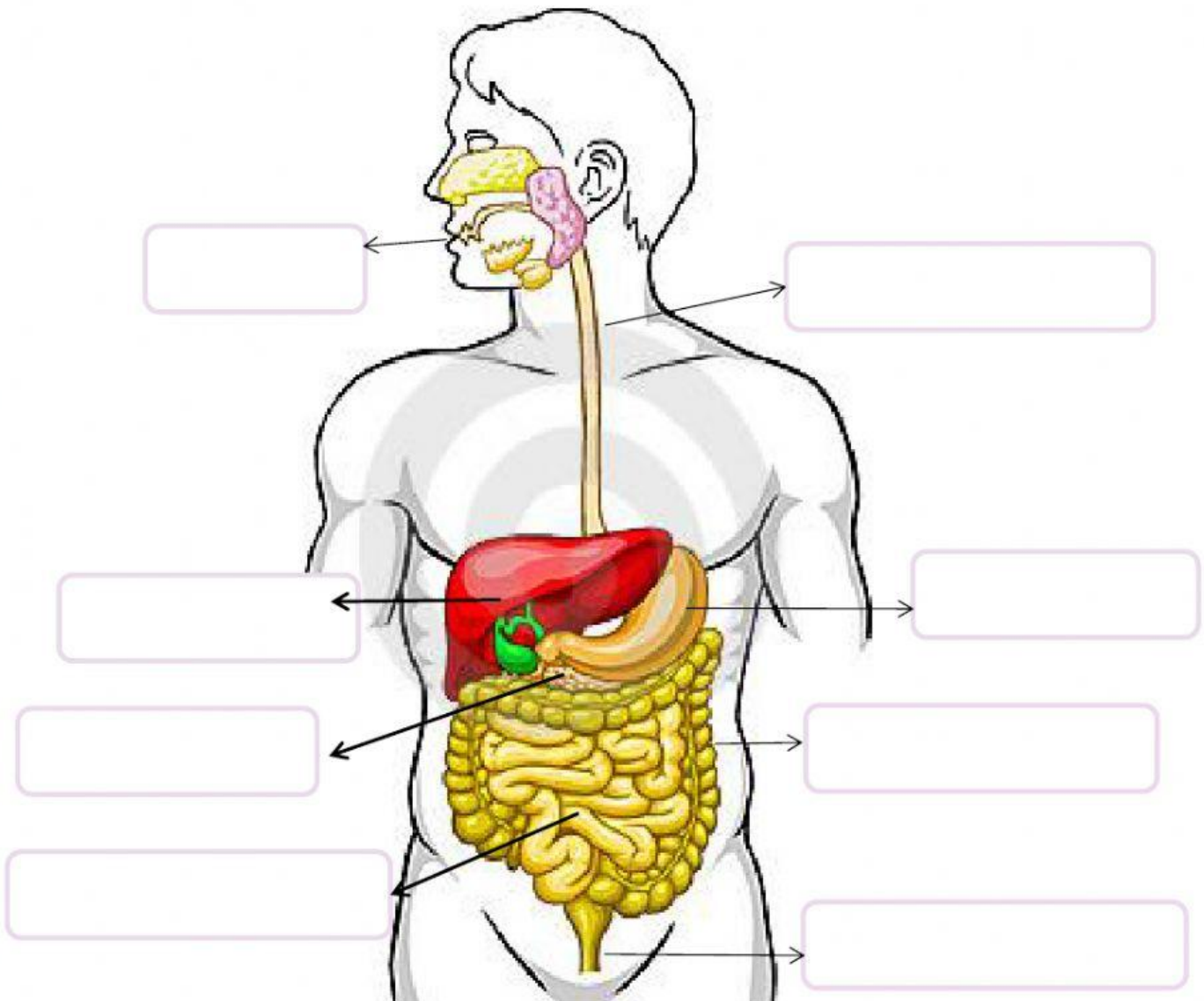


# DIGESTIVE SYSTEM AND NUTRIENTS

Write the parts of the digestive system.



Read and match each nutrient with its function.

VITAMINS

Keep body healthy and **fight** diseases.

FATS

**Build** and **repair** the body and muscles.

PROTEINS

Build strong bones.

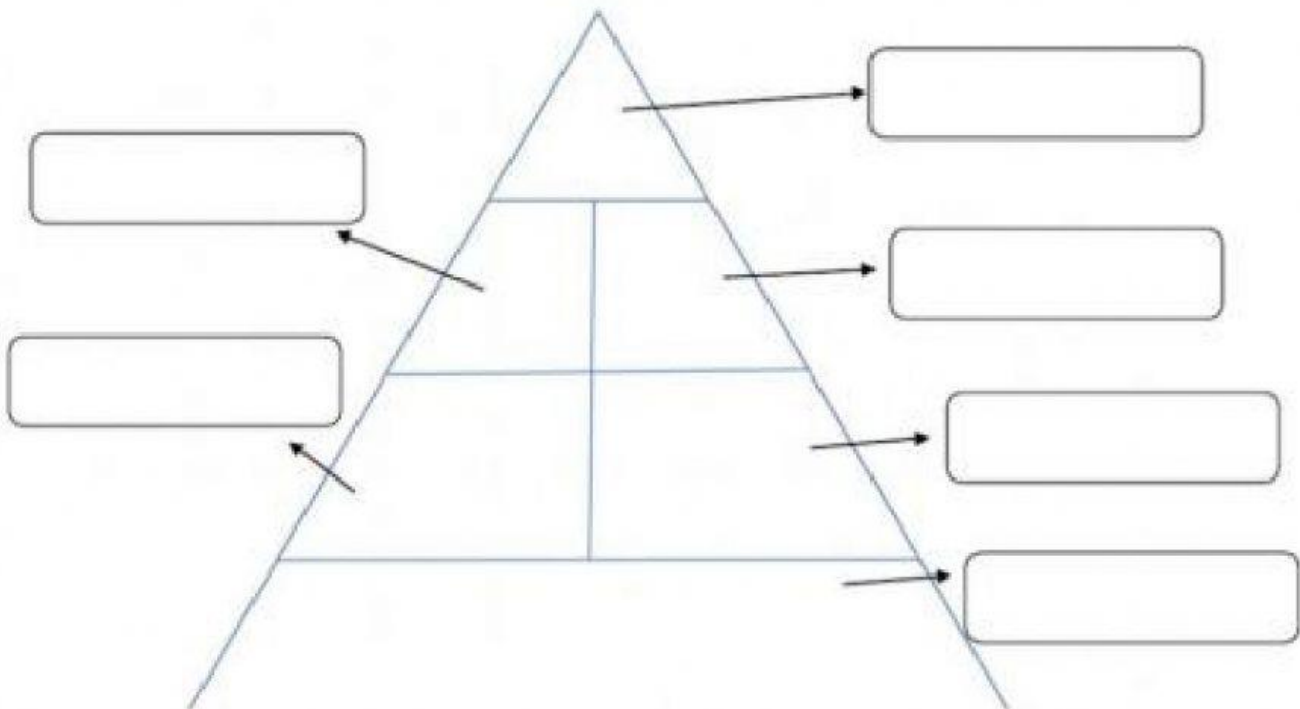
CARBOHYDRATES

**Store energy** in our body.

CALCIUM

Produce **energy**.

Complete the food pyramid.



Which organ is it? (Drag/ arrastra)

oesophagus

teeth

Small  
intestine

stomach

Large  
intestine

	They chew the food
	It's a long tube. It absorbs nutrients.
	It absorbs water and eliminates waste.
	It mixes food with special liquids.
	It connects the mouth with the stomach.

Number to order the digestion process

The food goes down the **oesophagus** and enter the stomach.

Finally, in the **large intestine** water is absorbed. Waste is eliminated from our body.

In the **stomach**, the digestion starts.

Next, the food goes to the **small intestine**. Here, nutrients are absorbed.

First, we chew the food with our **teeth** in our mouth.