

LISTENING PRACTICE

You are going to hear a conversation between two friends, Matt and Amy. They are talking about the things that make people happy. Read Questions 1-4 in the Listening task. Then complete the task given.

Questions 1 – 4:

What do these experts say makes people happy?

Choose **FOUR** answers from the box and write the correct letter, A-F, next to Questions 1 – 4:

Experts	
1	Richard Tunney
2	Martin Seligman
3	George Vaillant
4	Melanie Hodgson

What makes people happy	
A	having an achievable ambition
B	being on holiday
C	helping other people
D	making new friends
E	planning a trip
F	having a social life

You are going to hear the next part of the conversation between Matt and Amy. Look at questions 5 – 10 below and underline the key words in each question. Then quickly read the options.

Questions 5–10
Choose **TWO** letters, A–E.

Questions 5–6
What does Amy think about personality tests?
Choose **TWO** things.

A They take too much time to do.
B They are not accurate.
C They are entertaining.
D They are too serious.
E They tell you unexpected things.

Questions 7–8
*What **TWO** things make Amy happy?*

A being with friends
B having time on her own
C going out with her family
D spending time outside
E keeping fit

Questions 9–10

What **TWO** things is Matt going to do next?

- A get more information
- B go to the library
- C try to find some useful books
- D take a short break
- E ask someone for help