







10TH SCIENCE 2ND QUIMESTER 1ST PARTIAL QUIZ
SCHOOL YEAR 2021-2022

STUDENT'S NAME:	
COURSE:	10 th Isidro Ayora
TEACHER:	LOURDES VELEZ
DATE:	Friday, October 29 th · 2021

1.- MATCH EACH GROUP OF FOOD WITH THE NUTRIENTS THAT EACH ONE CONTAINS.

(2 MARKS)

	carbohydrates	
	fats	
	proteins	
	vitamins and minerals	

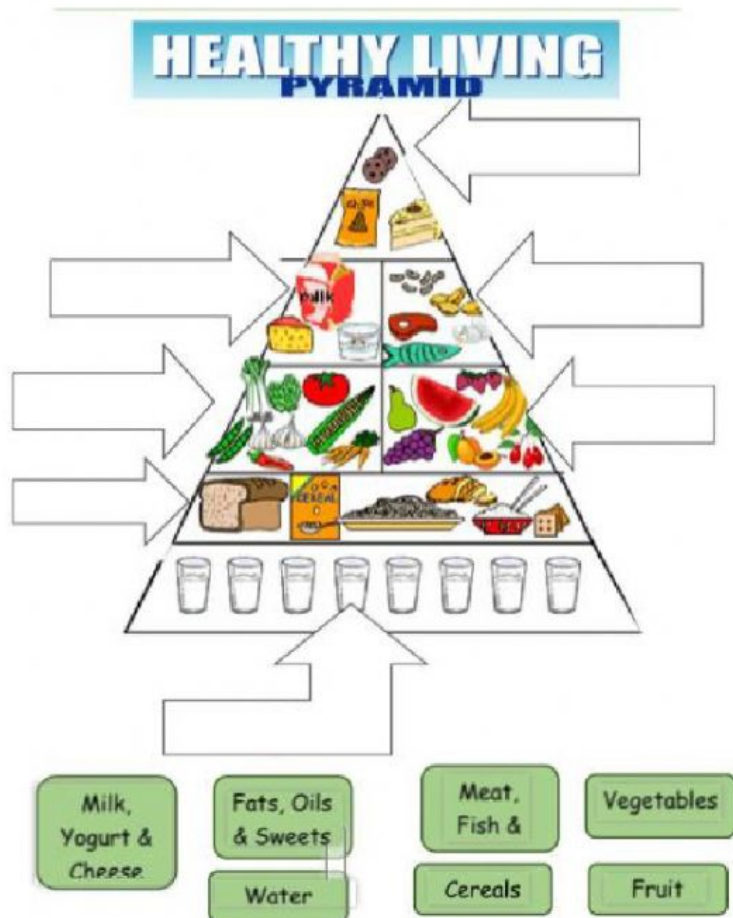
2.- MATCH WORDS WITH THEIR DEFINITIONS.

VOCABULARY

- | | |
|---------------|--|
| 1. Nutrition | A) The sum of food consumed by a person or other organism |
| 2. Nutrient | B) increase in the size and amount of fat cells in the body. |
| 3. Diet | C) the study of nutrients in food |
| 4. Overweight | D) a substance that is needed for healthy growth |

3.- DRAG EACH FOOD GROUP WHERE CORRESPOND IN THE FOOD PYRAMID.

(2 MARKS)



4.- CLASSIFY THE FOOD AND DRINK IN THE TABLE BELOW. (2 MARKS)

<i>fish</i>	<i>pasta</i>	<i>apple</i>	<i>milk</i>	<i>cereal</i>
<i>ham</i>	<i>sweets</i>	<i>chocolate</i>	<i>cheese</i>	<i>carrots</i>

<i>Fruit and vegetables</i>	<i>Bread and cereals</i>	<i>Milk and dairy</i>	<i>Meat and fish</i>	<i>Sugary foods</i>

5.- COMPLETE THE TEXT ABOUT NUTRIENTS. (2 MARKS)

Nutrients	Carbohydrates	Proteins	Fats	mineral
Vitamins				

(a)in our food keep us healthy, help us grow and give us energy.

(b)are for our health.

Calcium is an important(c)which we need for strong and healthy bones and teeth.

(d)..... are in meat and fish and they are for our growth.

(e)give us energy.

(f)give us energy, too, but we only need a little of these.