READING

LIFE IN



Sleep

Astronauts float so it's difficult to sleep in space. Astronauts have sleeping bags on the wall so they can sleep. It's very sunny so lots of astronauts have sleeping masks.



Spaceships are small so it's difficult to do sports in space. Exercise is important so astronauts do lots of sport. They can run and ride exercise bikes. Lots of astronauts like reading books too.



Things float so it's difficult to eat in space. Space food is in small boxes and bags so astronauts can eat. Lots of astronauts eat fruit, nuts and sweets



QUESTIONS

1.Where do astronauts sleep?

- a. in a bed
- b. on the wall
- c. on the floor
- 2. What sports do astronauts
- a. hockey
- b. reading books
- c. run and ride

3. Where is the space food?

- a. in the fridge
- b. in small boxes
- c. in big boxes

4. What do astronauts eat?

- a. fruit and vegetables
- b. pizza and pasta
- c. fruit, nuts and sweets

