

Activity 9: Match the words (1-4) with their antonyms (a-d) based on the reading context:

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| 1. nervous | a. slow down |
| 2. stressful | b. increase |
| 3. speed up | c. confident |
| 4. reduce | d. normal |

Activity 10: Write some words that collocate (go together with) the given words.

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| 1. <i>look</i> nervous | 2. to respond to <i>sth</i> |
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| 3. to get rid of | 4. to stress |
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