

Complete the sentences and do crossword puzzle.

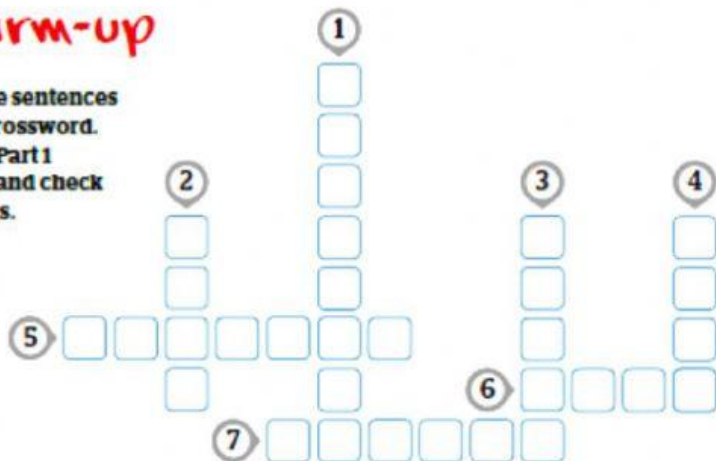
video 6



Mountain biking

Warm-up

A. Complete the sentences and do the crossword. Then watch Part 1 of the video and check your answers.



ACROSS

5. We came across some pretty rough _____ while we were cycling in the mountains.
6. They walked in a big _____ and ended up where they began.
7. Jack always wears _____ when he rides to work, because he gets cold hands.

DOWN

1. Martin was skiing _____ when he fell and broke his leg.
2. Jimmy brought lots of _____ into the house on his shoes after he played in the garden.
3. I need to go to the shops because I haven't got the right _____ to fix my bike.
4. I've got a flat tyre. Has anyone got a _____?

Then watch the video and check your answers.