In, it was estimated that more thanmillion Americans would go out and celebrate Halloween. The total amount spent on costumes, candies and decorations nationwide? A whopping \$ billion. Putting on a costume and is the most well-known Halloween tradition. The top two costumes worn by adults in 2018? and Even participate in this holiday. The top costume for our furry friends that same year was a Halloween is a holiday that celebrates all things but its origins are closer to all
things In fact, the celebration was once called All Hallows Eve and it celebrated the lives
of Catholic saints — but more on that later. So, when did we start to dress up as monsters and carve
out pumpkins for a holiday that commemorated saints? And what does trick or treating have to do with an ancient Catholic holiday?
You're watching Explore Mode and, in this episode, we're
going to dive into the origins of Halloween.
Halloween as we know it today does not have a
origin. It's more of a and match of different traditions
that evolved and migrated with the people who practiced them
from Europe to the rest of the world. But let's start with a
year-old Celtic festival called Samhain (pronounced
SOW-ehn). This pagan holiday marked the end of the harvest season and the beginning of
It was celebrated on the eve of October 31st and ended on November 1st. On October 31, the
Celts would burn livestock and part of the summer harvest as sacrifices to the Celtic deities to
symbolically share their harvest with the gods. Apart from marking the end of the year's most
abundant period, the Celts believed that on the night
winter started, a to the world of the
would open, allowing spirits and supernatural beings to
wander into the world of the living. In order to please the potential and
crossing over to the human world, the Celts
would prepare offerings for them and wear
andto hide their true identities from
the spirits. The festival was celebrated in parts of the
, and northern, which is until Catholicism entered the picture.
Around the Century, Catholicism was expanding and they weren't too fond of pagan
festivities like Samhain. So, Pope Gregory III took a church-sanctioned holiday that celebrated
martyrs and saints on and moved it to November 1. We know this holiday today as All Saints Day, but back then it was known as Hallowmas which can be roughly translated into "the
mass for the holy people", and the evening before, October 31st, was known as All Hallows' Eve,
which eventually ended up being abbreviated into Halloween.