MATCHING

taking a bath | soft drinks | obesity | junk food | cleaning teeth | smog | washing hands

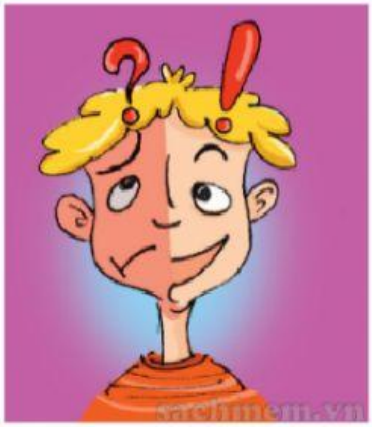
Keywords	Thing/activity
Example: clean water, shower gel, clean tower	taking a bath
1. hands, soap, clean water	
2. disease, unhealthy food, overweight	
3. already cooked, high-fat, chain restaurant, popular	
4. toothpaste, toothbrush, water	
5. sweetened drinks with a lot of gas	
6. a combination, smoke, fog	



1. Wear a hat,		a. and his nose is running. It's flu.
2. I have oily skin,		b. or you'll get sunburnt.
3. He keeps sneezing,		c. and you eat less high-fat food.
4. I do not have a temperature,		d. so I wash my face regularly.
5. To stay healthy, you eat more vegetables		e. but my face is red.

LIVEWORKSHEETS

Look at some sentences about how to stay healthy and happy. Tick (✓) the ones you agree with and cross (x) the ones you don't.



	✓	×
1. Don't hate people. It makes you tired.	☐	☐
2. The more you laugh, the happier you are, and the longer you live.	☐	☐
3. Never play in the sun. It harms your skin.	☐	☐
4. Don't drink fresh milk. You will get fat.	☐	☐
5. The more calories you take, the better it is.	☐	☐
6. Clean water, fresh air, and a balanced diet are the causes of a long life.	☐	☐

Two people are talking about some common practices in Viet Nam. Put the sentences in the correct order.

_____	B: Why do they do that?
_____	A: The fishermen in my village drink fish sauce before they get down to the sea.
_____	B: It can prevent people from getting cancer.
_____	B: Interesting. In my area we drink a lot of green tea.
_____	A: Why green tea?
_____	A: The sauce gives them strength to stand the cold in water.

Can you continue the conversation with another practice you know?

LIVEWORKSHEETS