LISTENING GAP FILL

I never (1.) used to worry about my health until recently. When I was a kid, I (2.)_____ exercise. Even in my twenties and thirties I was very (3.)_____ ill. I have been lucky all my life – always (4.)_____ health. I rarely get even a cold. I suppose (5.)_____ with you. Now I seem to be getting lots of little (6.)_____. I should go to the doctor for a health check, but I'm too busy. The older you get, the (7.)_____ about your health. One good thing is that I'm eating more healthily now (8.)_____. I no longer have fast food and midnight snacks. I also sleep (9.)_____. I've read that getting seven or eight hours sleep every night (10.)_____ best things you can do for your health.

LIVEWORKSHEETS