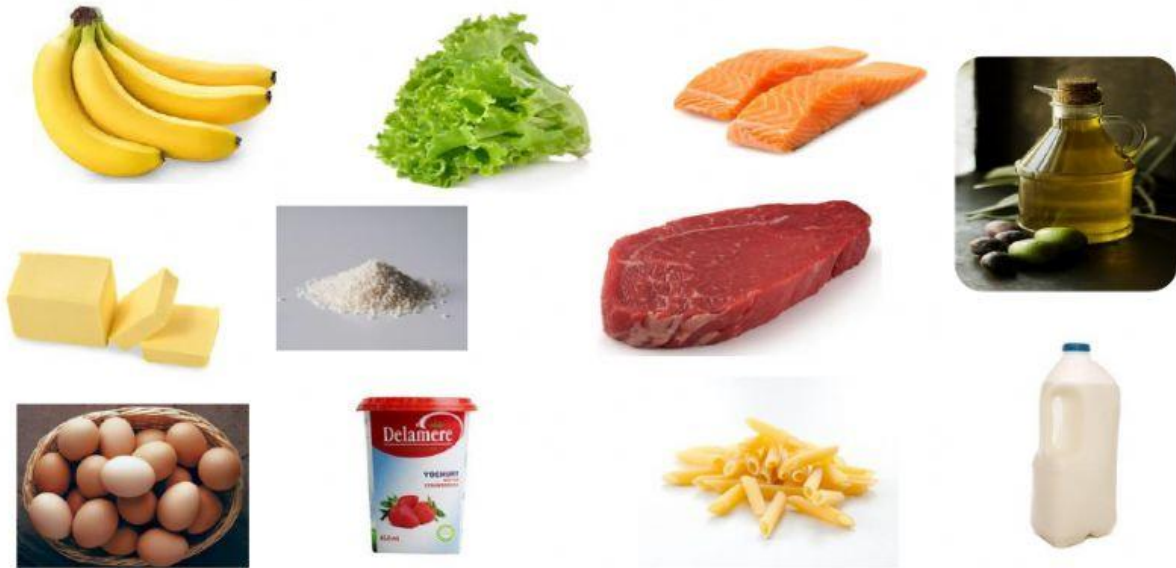


FOOD GROUPS



Fats	Dairy
Carbohydrates	Fruits & Vegetables
Protein	