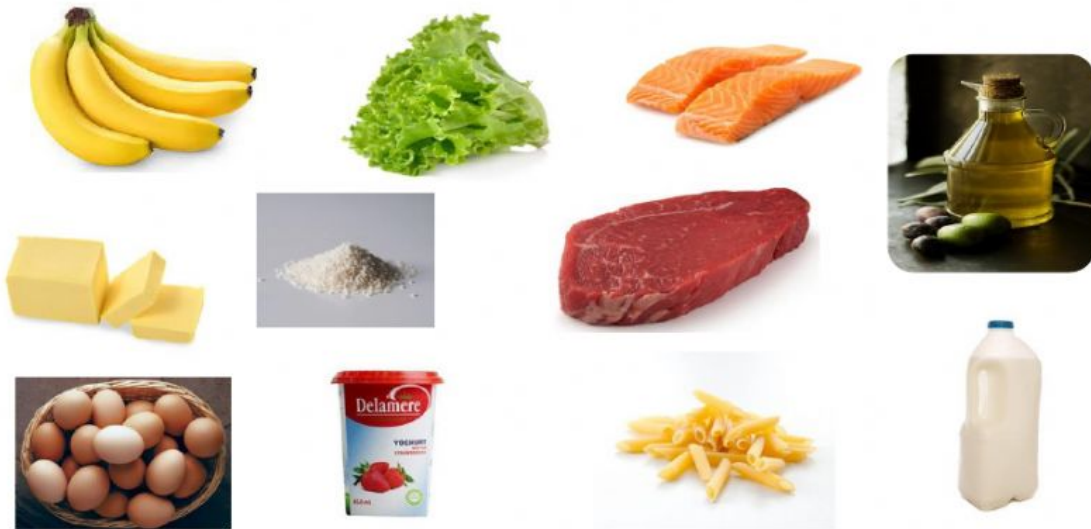


FOOD GROUPS



| Fats | Dairy |
|---------------|---------------------|
| | |
| Carbohydrates | Fruits & Vegetables |
| | |
| Protein | |
| | |