



Name: _____ Group: _____ Date: 26/10/2021



Activity 2: Peruvian Superfoods



Goal - Propósito: Identifica información en una entrevista acerca de productos nutritivos.



Unscramble the words and match them with the pictures. - Ordena las palabras, escríbelas correctamente en el recuadro y escribe el número en la imagen correcta.



flour



OBSERVA EL CUADRO

COUNTABLE NOUNS (alimentos que se pueden contar; tienen singular y plural)		UNCOUNTABLE NOUNS (alimentos que NO se pueden contar fácilmente; no tienen singular ni plural)
SINGULAR	PLURAL	
a carrot	some carrots	some quinoa
an onion	some onions	some rice

- A - an = un/uno/una
- A se utiliza antes de una palabra que inicia con CONSONANTE
- An se utiliza antes de una palabra que inicia con VOCAL

- Some = algunos/as, un poco de
- Se utiliza antes de las palabras en PLURAL y antes de UNCOUNTABLE NOUNS.



Complete the sentences with **A**, **AN** or **SOME**. - Completa las oraciones con **A**, **AN** o **SOME**.

Example: I buy **an** orange and **some** milk for my breakfast. I need **some** eggs for lunch.

- I'm hungry. I want to eat _____ bread and drink _____ glass of juice.
- We have _____ lemons, _____ carrot, and _____ rice on the table.
- I have to buy _____ apple, _____ wheat flour, and _____ quinoa for lunch.
- I want _____ cheese and _____ fish, mum.
- They need _____ grains, _____ tomato, and _____ onion.



Complete the text with **A**, **AN** or **SOME**. - Completa el texto con **A**, **AN** o **SOME**.

At home, we usually eat healthy food to prevent diseases. I'm in charge of buying groceries, for this reason I looked for some information about healthy food. Last time I went to the market, I bought (1) _____ carrots, tomatoes, onions and (2) _____ head of lettuce.

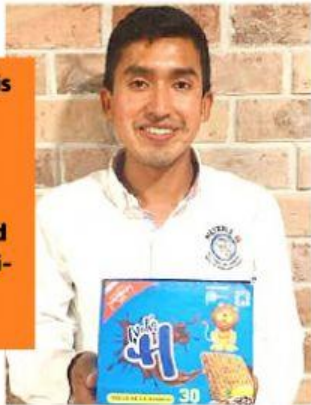


About fruit I got (3)_____bananas, oranges and apples. I usually eat (4)_____ apple every morning. Tubers and grains are also important, so I bought (5)_____ kilo of potatoes, sweet potatoes and (6)_____ quinoa and wheat flour.



Listen to Julio Garay's interview and write T (true) or F (false). Escucha la entrevista a Julio Garay y escribe T (verdadero) or F (falso).

Julio Garay is a Peruvian agro-industrial engineer who created Nutri H, anti-anemia cookies.


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1. Peruvian people didn't support Julio's idea on the web.
2. Nutri H are cookies made of superfoods.
3. Nutri H fights anemia.
4. Wheat flour, chocolate and sugar are some ingredients for the cookies.

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5. Blood is the most important ingredient for the cookies.
6. Julio didn't suffer anemia.
7. Julio thinks eating healthy is important



Listen the interview and complete the paragraph. – Escucha la entrevista y completa el texto

young – children – university – anemia – mother – cookie – chicken – Peru

When I was young, I suffered from _____. My _____ gave me _____ blood to help me. Anemia is a common disease in Ayacucho, where I am from, and throughout _____. When I was studying at the _____, I decided to work on creating a _____ that could decrease anemia levels in _____.



Label the pictures. Check the healthy foods - Escribe la palabra debajo de la imagen correcta. Marca con un / si el alimento es saludable(healthy)

a bottle of soda – a slice of pizza – a packet of wheat flour – a bar of chocolate – a kilo of potatoes – a can of tuna – a dozen of eggs – a bag of candy – a piece of cheese – a carton of milk

