NAME: _____ DATE: _____

HEALTH & FAMILY LIFE

Finding Information for Good Decisions



What do you know about finding information for good decisions?

Choose the best answer from the choices given.

①	Friends are the best source for obtaining information about Your body's physical changes	True	False
②	I can obtain information from the Clinic if I have a medical problem.	True	False
③	The pastor is not a good source because he might expose your secret.	True	False
④	SODA- Decision-Making Model acquires skills for decision making.	True	False
⑤	Being informed about what happens during puberty is not important.	True	False
⑥	During puberty girls perspire more and their body experience changes.	True	False
⑦	Puberty for boys bring on changes such as deepening of the voice etc.	True	False
⑧	Having values are important as you navigate your way into adulthood.	True	False
⑨	Values are beliefs are not important to you as an adolescent.	True	False
⑩	When we have to make decisions we keep focus on our positive values.	True	False

LIVEWORKSHEETS