

VOCABULARY (Fill in the blanks with the words from the box.

cookbook delicious ground salted fry

1. made into very small pieces in a machine
I love freshly _____ black coffee.
2. with salt added
Many doctors say eating too many _____ crisps is bad for your health.
3. to cook in oil
I often _____ bread and eat it as a snack by itself.
4. a book full of recipes for various meals and dishes
Leah consulted a _____ before preparing the meal for her guests.
5. having a very pleasant taste
Fresh strawberries are _____.

READING (Read in chunks. Fill in the blanks with the correct form of the words above.

Cooking a Meal

I asked Mum to let me cook dinner / for the family / last night. // I told her / I'd cook something simple, / so she agreed. //

We usually eat Asian food / like Chinese, Korean, or Japanese, / but I decided to make / something different. // I chose an Italian dish—spaghetti / with meat sauce. // Spaghetti is / easy to cook. //

I put enough spaghetti for everyone in my family into a pot of boiling,
1 _____ water. I let it cook for about 10 minutes. But before this, I made the meat sauce.

I wanted the meat sauce to be really 2 _____. I chopped an onion into small pieces. I put a little oil into a pot and added the chopped onion. I

3 _____ the onion in the oil for a few minutes.

When the onion was soft, I put some 4 _____ beef into the pot with the onion and fried them together for a few minutes. Then I added a can of tomatoes and some mixed herbs. Finally I added some tomato juice and let it cook on a low heat for about an hour.

When the spaghetti was ready, I put it into a large bowl. Then I poured the meat sauce over it. There was enough for everyone, and we all put some cheese on top of it.

Everyone enjoyed it, and Mum said she would let me cook something else another day. I'm going to read a 5 _____ and
find something really interesting to cook.

Reading Time

_____ minutes _____ seconds 245 words

READ & THINK (Answer the questions.

1. How did the boy's food turn out?
a. Very bad b. Interesting c. Not enough d. Very tasty
2. What did the boy boil first?
a. Water b. Tomatoes c. The meat d. Juice
3. How did he serve the spaghetti?
a. From the pan
b. In a large bowl
c. On a plate
d. In a pasta bowl and a sauce bowl
4. The boy used *ground beef*. What kind of meat is this?
a. Very fresh
b. From the cow's back
c. Cut into small pieces
d. Cooked

SUMMARY (Fill in the blanks with the words from the box.

poured family added sauce ready

The boy wanted to cook dinner for his 1 _____, so his mother let him. He decided to cook spaghetti. First, he made the 2 _____. He cooked some onion and beef and then 3 _____ tomatoes and some herbs. He put pasta in boiling water. When everything was 4 _____, he put the pasta in a bowl and 5 _____ the meat sauce over it.