

Unit 5 Smart Exercise

EX.1

NAME _____ CLASS _____ NO. _____ Date ___/___/___

Smart Exercise

Pre - Reading

Think about the following questions.



Do you know any smart people?

What kind of things do they do?



What kinds of things can make us smarter?



How do some parents try to make their babies smarter?

Smart Exercise

Vocabulary Preview

Write the letter of the word or phrase with the same meaning as the underlined word or phrase.

a. connect ; link	d. become wider or more accessible
b. related to the body and exercise	e. movement
c. actually ; in fact	f. receipt past ; a time not long ago

1. _____ She is literally the best student in school.

2. _____ I hate sports, but I still have to take a physical education class in school.

3. _____ Your short-term memory can get worse with age.

4. _____ Motion of our bodies can improve how well we think.

5. _____ Some researchers associate exercise with brain development.

6. _____ Exercise causes blood vessels to open up so blood flows more easily.