

NAME \_\_\_\_\_ CLASS \_\_\_\_\_ NO. \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Smart Exercise

## Pre - Reading

Think about the following questions.



Do you know any smart people?  
What kind of things do they do?

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What kinds of things can make us smarter?

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How do some parents try to make their babies smarter?

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Smart Exercise

## Vocabulary Preview

Write the letter of the word or phrase with the same meaning as the underlined word or phrase.

a .connect ; link

b. related to the body and exercise

c. actually ; in fact

d. become wider or more accessible

e. movement

f. recent past ; a time not long ago

1. \_\_\_\_\_ She is literally the best student in school.
2. \_\_\_\_\_ I hate sports , but I still have to take a physical education class in school.
3. \_\_\_\_\_ Your short-term memory can get worse with age.
4. \_\_\_\_\_ Motion of our bodies can improve how well we think.
5. \_\_\_\_\_ Some researchers associate exercise with brain development.
6. \_\_\_\_\_ Exercise causes blood vessels to open up so blood flows more easily.