

1 Read and write *True or False*.

I love fruit and vegetables and I have five portions a day.
Here's a typical day for me:

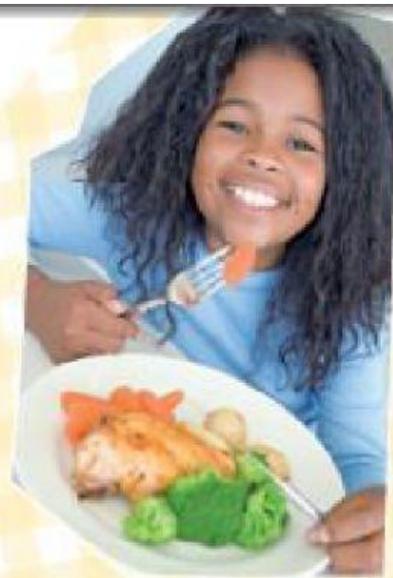
I have bread, yogurt and orange juice for breakfast.

I don't like cereal. I have chicken with vegetables and an apple for lunch. I don't like meat but chicken is OK.

In the afternoon, I have a banana and a glass of milk.

I have spaghetti for dinner, with more vegetables!

I love broccoli!



- 1 I have two portions of fruit and vegetables a day. _____
- 2 I have cereal for breakfast. _____
- 3 I like chicken. _____
- 4 I have a drink and some fruit for a snack. _____
- 5 I like broccoli for dinner. _____

2 Read and match.

1 What do you have for dinner?

Yes, I do. I love carrot cake!



2 Do you like carrots?

Yes, I have strawberries at five o'clock.



3 Do you have a snack in the afternoon?

Yuck. No, I don't.



4 Do you like spinach?

I have soup and bread for dinner.

