

## Experiencia 8: Let's Change Our Lifestyle

### Activity 1: Outdoor sports



#### Vocabulary

*Outdoor sports:* Deportes al aire libre

*team sports:* Deportes de equipo

*Twice:* Dos veces

*How often:* Con qué frecuencia

**LET'S OBSERVE!** Classify the pictures into team sports and individual sports. (Clasifique las imágenes en deportes de equipo y deportes individuales).



Soccer



Running



Skateboarding



Basketball



Biking



Walking

Team sports	Individual sports
Football	

## LET'S LISTEN AND READ!

Listen to and read.



Talk to your friends and ask what they do to protect their health when they do outdoor sports.



**Eddy:** Hello, Andrea! Can I ask you some questions?

**Andrea:** Of course, Eddy. Ask me.

**Eddy:** What is your favourite sport?

**Andrea:** My favourite sport is skateboarding. I love it.

**Eddy:** How often do you go skateboarding?

**Andrea:** Twice a week in the morning.

**Eddy:** Where do you skate?

**Andrea:** In the local skatepark.

**Eddy:** Do you meet any friends there?

**Andrea:** No, I do it on my own.



**Eddy:** Basilio! It's nice to see you!

**Basilio:** Hi, Eddy! Good to see you too.

**Eddy:** What is your favourite sport?

**Basilio:** My favourite sport is running. I love it.

**Eddy:** How often do you go running?

**Basilio:** Three times a week in the evening.

**Eddy:** Where do you run?

**Basilio:** In the park in front of my house.

**Eddy:** Do you meet any friends for running?

**Basilio:** No, I do it on my own.



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## LET'S UNDERSTAND! Complete the sentences. (Complete las oraciones)



I go \_\_\_\_\_ twice a week in the morning.

I go \_\_\_\_\_ three times a week in the evening.



## UNDERSTAND-EXERCISE 2

Write A (Andrea) or B (Basilio). Escriba A (Andrea) o B (Basilio).

Example:

I go running. It's my favourite sport.

B

1. I go skateboarding. I love it.

2. I do it twice a week.

3. I do it three times a week.

4. I go running in the park.

5. I go skateboarding in the skatepark.

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# Challenge

Answer the questions: (Responde las preguntas.)

What is your favorite sport?

My favorite sport is \_\_\_\_\_  
I love it!

How often do you practice it?

\_\_\_\_\_  
\_\_\_\_\_.



**Don't forget to record an audio answering the two questions.** (No olvide grabar un audio respondiendo a las dos preguntas.)

