





Experiecia 8: Let's Change Our Lifestyle

Activity 1: Outdoor sports



Vocabulary

Outdoor sports: Deportes al aire libre

team sports: Deportes de equipo

Twice: Dos veces

How often: Con qué frecuencia







LET'S OBSERVE! Classify the pictures into team sports and individual

sports. (Clasifique las imágenes en deportes de equipo y deportes individuales).







Running



Skateboarding



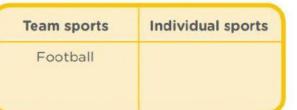
Basketball



Biking



Walking



LET'S LISTEN AND READ!

Listen to and read.



Talk to your friends and ask what they do to protect their health when they do outdoor sports.



Eddy: Hello, Andrea! Can I ask you some questions?

Andrea: Of course, Eddy. Ask me. Eddy: What is your favourite sport?

Andrea: My favourite sport is skateboarding. I love it.

Eddy: How often do you go skateboarding?

Andrea: Twice a week in the morning.

Eddy: Where do you skate?

Andrea: In the local skatepark.

Eddy: Do you meet any friends there?

Andrea: No, I do it on my own.

Eddy. Dasilio! It's nice to see you!

Basilio: Hi, Eddy! Good to see you too.

Eddy: What is your favourite sport?

Basilio: My favourite sport is running. I

love it.

Eddy: How often do you go running?

Basilio: Three times a week in the

evening.

Eddy: Where do you run?

Basilio: In the park in front of my house.

Eddy: Do you meet any friends for

running?

Basilio: No, I do it on my own.

Activar Windows









LET'S UNDERSTAND! Complete the sentences. (Complete las oraciones)

I gothe morning.	twice a week in	
		-

I go _____ three times a week in the evening.



UNDERSTAND-EXERCISE 2

Write A (Andrea) or B (Basilio). Escriba A (Andrea) o B (Basilio).

Example:	
go running. It's my favou	rite sport.
. I go skateboarding. I lov	re it
2. I do it twice a week.	
. I do it three times a wee	ek.
I. I go running in the park	
. I go skateboarding in th	ne skatepark.









Challenge

Answer the questions: (Responde las preguntas.)

What is your favorite sport?	My favorite sport is
7	I love it!
How often do you practice it?	



Don't forget to record an audio answering the two questions. (No olvide grabar un audio respondiendo a las dos preguntas.)