

Experiencia 8: Let's Change Our Lifestyle

Activity 1: Outdoor sports



Vocabulary

Outdoor sports: Deportes al aire libre

team sports: Deportes de equipo

Twice: Dos veces

How often: Con qué frecuencia

LET'S OBSERVE!

Classify the pictures into team sports and individual sports. (Clasifique las imágenes en deportes de equipo y deportes individuales).



Soccer



Running



Skateboarding



Basketball



Biking



Walking

Team sports	Individual sports
Football	

LET'S LISTEN AND READ!

Listen to and read.



Talk to your friends and ask what they do to protect their health when they do outdoor sports.



Eddy: Hello, Andrea! Can I ask you some questions?

Andrea: Of course, Eddy. Ask me.

Eddy: What is your favourite sport?

Andrea: My favourite sport is skateboarding. I love it.

Eddy: How often do you go skateboarding?

Andrea: Twice a week in the morning.

Eddy: Where do you skate?

Andrea: In the local skatepark.

Eddy: Do you meet any friends there?

Andrea: No, I do it on my own.



Eddy: Basilio! It's nice to see you!

Basilio: Hi, Eddy! Good to see you too.

Eddy: What is your favourite sport?

Basilio: My favourite sport is running. I love it.

Eddy: How often do you go running?

Basilio: Three times a week in the evening.

Eddy: Where do you run?

Basilio: In the park in front of my house.

Eddy: Do you meet any friends for running?

Basilio: No, I do it on my own.



LET'S UNDERSTAND! Complete the sentences. (Completa las oraciones)



I go _____ twice a week in the morning.

I go _____ three times a week in the evening.



UNDERSTAND-EXERCISE 2

Write A (Andrea) or B (Basilio). Escriba A (Andrea) o B (Basilio).

Example:

I go running. It's my favourite sport.

B

1. I go skateboarding. I love it.

2. I do it twice a week.

3. I do it three times a week.

4. I go running in the park.

5. I go skateboarding in the skatepark.

Challenge

Answer the questions: (Responde las preguntas.)

What is your favorite sport?

My favorite sport is _____

I love it!

How often do you practice it?

_____.



Don't forget to record an audio answering
the two questions. (No olvide grabar un audio
respondiendo a las dos preguntas.)

