

NAME :

CLASS :

**PULSE 2 UNIT 9.0 TAKE CARE**

**LISTENING PRACTICE PAGE 97**

**THE A – Z OF TEENAGE HEALTH**

**Exercise 5**

Listen to two phone calls to the helpline. Who isn't very active?

**Exercise 6**

Complete the doctor's notes.

Name : (1) David

Problem(s) : (2) Backache

Likely cause : carrying his school bag on (3) one shoulder.

Advice : carry school bag correctly, carry fewer (4) in the bag.

Name : Molly

Problem(s) : (5) (6)

Likely cause : spending too much time on her computer

Advice : spend less time playing (7) computer games, do more (8) exercise.