



Name: \_\_\_\_\_ Date: \_\_\_\_\_

## HEALTH AND FAMILY LIFE VALUES

A **value** is a measure of worth or importance a person attaches to something or a strong held belief; our values are often reflected in the way we live our lives.  
e.g. education is important



A. Write **true** or **false** for each statement. [1 point each]

1. \_\_\_\_\_ Having values are important.
2. \_\_\_\_\_ All values are positive.
3. \_\_\_\_\_ Different people will have different values.
4. \_\_\_\_\_ Values do not help us to make decisions.

### B. Rank your values!

Write your values from the box on the left in order of importance on the right.  
Remember, there are no right or wrong answers. [1 point each]

- ✓ Getting good grades
- ✓ Preparing for my future
- ✓ Being popular with my friends
- ✓ Pleasing God
- ✓ Having a lot of money

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

1. Write the definition of the word "**value**". [1 point]

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C. 1. Drag and drop the word from the box to the action shown. [6 points]

2. Then click on the pictures that show positive values. [4 points]

hug friends

pray

share food

Fight

raise your hands

disrespect

