

1. Connect two parts of the sentences

1. I wasn't very good at English when I started,	a. I started showing signs of improvement
2. I worked really hard	b. I'd have nothing to show for c. three or four years' studying.
3. I couldn't make head or tail of the grammar	d. I'll be marked down in the next exam.
4. Then one day things just seemed to make sense, and	e. my English came on in leaps and bounds as a result.
5. If I fail my English exams,	f. because I don't check my work carefully as a matter of routine.
6. My teacher's always telling me off	g. but it wasn't h. for want of trying.
7. If I don't cut out the errors	i. and it really held me back.
8. After I went to the States three summers running	j. night after night.

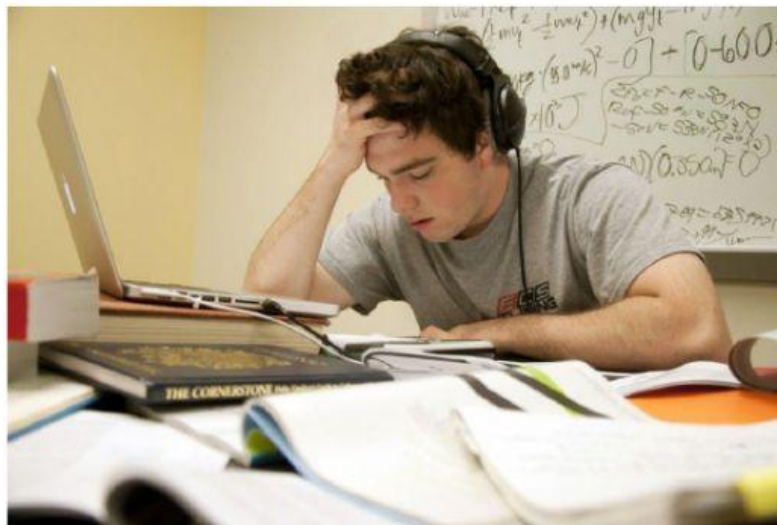
2. Cloze test

Modern technologies come _____ by leaps and bounds, and these days everyone must be able to use different online applications as a _____ of course. COVID-19 lockdowns all over the country for the second year _____ have proved the necessity of online services to all the generations, in spite of a certain _____ gap in this sphere for the elderly ones.

Many people still find it hard to _____ up with the changes in different spheres, and the teachers are not an exception. To stay on _____ in the sphere of education and not to fall behind _____ their own students, teachers have to apply _____ to the studies of the new educational tools. Even those who think they know _____ to nothing about using new computer programs start learning together, as two heads are _____ better than one. Many still don't believe that online education will become a full substitute _____ the face-to-face classes, but probably it's time to turn over a new _____.

3. Fill in the idioms and phrasal verbs using the hints in brackets. Change the grammar form or tense if needed.

College students [1]_____ (*postpone*) work now, only to [2] _____ (*fail to keep up with the curriculum*) later



Perhaps your favorite band came out with a new album today, or maybe you stumbled onto a fascinating new website that you just can't resist surfing. Regardless of all this, it's college, we're busier than ever, we've got to [3]_____ (*give our full attention and energy* to it), and we'll do it — tomorrow.

Procrastination is the bane of any college student's existence. When overwhelmed with homework or commitments to an organization, overachievers begin work

right away, [4] _____ (*plan in advance*) and setting aside plenty of time to complete everything that gets assigned.

This method seems to be [5] _____ (*very easy*) — especially if you actually use it—but it leaves no time for college students to socialize, participate in extracurricular activities or spend time developing themselves as individuals. This causes students to [6] _____ (*use instead of sth else*) their work with entertainment and actually do [7] _____ (*almost no work*). Moreover, what must be done isn't what always piques the interest of a typical college kid.

Scholarly articles are not found in Playboy, and the necessity to write research papers [8] _____ (*puts much pressure*) on students. Other than the content of college work, other duties from on-campus organizations pile up quicker than dirty laundry and make it close to impossible to [9] _____ (*complete*). An article by Piers Steel in Psychological Bulletin states that, "Three out of four college students consider themselves procrastinators and find it difficult to [10] _____ (*deal with the high standards*) the workload."

That means 75 percent of all college students are more likely to be found on Facebook and Twitter or out partying than [11] _____ (*spend nights studying*) with a book or talking with a professor about when they have to

[12]_____ (*give to the teacher for checking*) the next assignment that's due. Doing today what you could've done yesterday has its consequences, and surely [13] _____ (*have a negative influence*).

According to Psychology Today, procrastination can cause insomnia, a compromised immune system, gastrointestinal problems which will sooner or later [14]_____ (*need to be cured*). Maybe we're all perfectionists and we're afraid of being [15] _____ (*give a lower mark*) on an assignment, so we obsess over the smallest details making progress [16]_____ (*barely succeed in doing sth*), or maybe we simply don't even [17]_____ (*begin the work*).

Or, instead of beginning the task, we browse the Web for some "inspiration" that turns into a two hour reward for 15 minutes of work. Either way, procrastination causes people to feel unhappy, less healthy and [18]_____ (*prevents us from being successful*) in studies.

Before you procrastinate again, think of the consequences and reconsider. Maybe, [19]_____ (*after you consider the whole situation*) you'll change your mind. Put on an upbeat playlist that helps you [20]_____ (*keep doing things that are likely to be successful or correct*). Drink ice cold water to wake yourself up, [21] _____ (*make greater effort*) and realize that you could have

already done the thing you were thinking about doing if you would have just done it when you first started thinking about it.

Adapted from <https://www.elonnewsnetwork.com/article/2012/03/college-students-put-off-work-now-only-to-fall-behind-later> By Ethan Smith |