

Choose the correct answer:

1. Adolescence is the period _____ child and young adulthood
a. for b. between c. and d. from
2. Your body will change in shape and _____
a. height b. high c. tall d. taller
3. Your brain will grow and you'll have improved self-control and _____ skills
a. housekeeping b. reasoning c. social d. emotion control
4. They can't decide who _____ first
a. go b. to go c. went d. going
5. The girls are making fun _____ me so I'm very embarrassed
a. to b. for c. with d. of
6. Physical changes are different for every, so you don't need to feel embarrassed or _____
a. frustrated b. tense c. confident d. delighted
7. I wish my parents could put themselves in my _____
a. situation b. shoes c. feelings d. heart
8. Do you need to be that stressed _____?
a. on b. in c. out d. with
9. My mother is a strong person. She stays _____ even in the worst situations
a. calm b. healthy c. tense d. confident
10. You've been a bit tense lately so you need to _____ a break.
a. get b. take c. has d. let
11. His father wants him to get the _____ score in this exam
a. high b. higher c. highest d. as high as
12. She has _____ because she has a big assignment to complete
a. frustration b. frustrated c. frustrating d. frustratedly
13. We need to prepare food, do laundry and chores at home. It's _____
a. Social skill b. Self-care skills c. Housekeeping skill d. Cognitive skills
14. I've won an essay contest. ---- _____!
a. Congratulations! b. It's interesting c. Oh poor! d. Good!
15. Your friend stayed up late studying for an important exam.

- a. Well done! c.I know how you feel
b.Stay calm. Everything will be all right. d.A really great job.
- 16.The two countries agreed to _____ full diplomatic relations.
a.give up b.set up c.deal with d.over come
- 17.It's difficult to _____ changes in technology.
a. go with b.look through c.keep up with d.turn up
- 18.Six people applied for the job, but four of them were _____
a.turn down b.turn up c.turn on d.turn off
19. If I _____ in your shoes, I'd take it easy and try to forget it.
a.are b.am c.were d.have
- 20.We should cooperate with others and resolve conflicts or have communication skills .
It's _____
a.Social skills b.Housekeeping skills
c.Emotion control skills d.Self-care skills
- 21.Magic number 18001567 is a _____ toll free service.
a. 24 hours b. 24-hours c. 24 – hour d.24 hour