



Colegio de Sta. Rosa- Trece Martires City, Inc.

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NAME: _____

Grade level: _____

SCORE: _____

Date: _____

**FIRST QUARTERLY EXAMINATION IN
PHYSICAL EDUCATION and HEALTH 12**

I. IDENTIFICATION

Identify the following statement about Dance. Write your answer on the space provided.

LC: Identify the different kinds of Dance.

- _____ 1. Shaking and beating.
- _____ 2. Bending or shortening of a body part occurring at a joint.
- _____ 3. It is a cultural art form handed down from generation to generations. It communicates the customs, beliefs, rituals, and occupations of the people of a region or country
- _____ 4. It is a product of exploration and improvisation of movements as children learn to move the parts of their body and to use them as instruments of expression.
- _____ 5. The setting of the social and ballroom dance is a social gathering with the more formal atmosphere than the simple and informal parties in which the recreational dances are the usual forms
- _____ 6. are those in which various parts of the body move in space with a fixed base. The base may be standing, kneeling, sitting, or lying.
- _____ 7. It is the highest form of dance. It is the end-product of exploration and improvisation of movements as the dancer or the choreographer expresses his feelings or emotions, ideas, and interpretations. This is a dance with a definite form, a beginning, and an ending.
- _____ 8. are those that move the body in space in any direction with the feet as the moving base.
- _____ 9. A slow, smooth flowing movement with a balance of movement throughout the entire series.
- _____ 10. It includes dance mixers, square dance round and couple dances. Many of these dances have simple patterns and combinations of walking steps, polka step and the waltz step. The setting is usually informal gatherings and parties, reunions etc.

Give at least (5) five non-locomotor movement

- 1.
- 2.
- 3.
- 4.
- 5.