

CHOOSE THE BEST WORDS TO FILL IN THE BLANKS

a. 'Oh, I forgot to wear a sun hat today.'

b. 'I never remember to wash my face.'

c. 'I eat too much junk food, and I'm too weak to exercise.'

d. 'I think I ate something that wasn't good.'

e. 'I feel itchy and my nose is running.'

WRITE THE WORDS DESCRIBE THE PICTURES



1. ____



2. ____



3. ____



4. ____



5. ____

ADDING "MORE" OR "LESS"

1. Eat _____ junk food. It makes you fat!
2. Wash your hands _____. You will have less chance of catching flu.
3. Sleep _____, but try to wake up at the usual time. Even at weekends!
4. Go outside _____. If you do need to go outside, wear a sun hat.
5. Watch _____ television. Looking at the screen for too long hurts your eyes.
6. Do _____ exercise, and you will feel fitter and healthier.