

## CHOOSE THE BEST WORDS TO FILL IN THE BLANKS

- a. 'Oh, I forgot to wear a sun hat today.' \_\_\_\_\_
- b. 'I never remember to wash my face.' \_\_\_\_\_
- c. 'I eat too much junk food, and I'm too weak to exercise.' \_\_\_\_\_
- d. 'I think I ate something that wasn't good.' \_\_\_\_\_
- e. 'I feel itchy and my nose is running.' \_\_\_\_\_

## WRITE THE WORDS DESCRIBE THE PICTURES



1. \_\_\_\_\_



2. \_\_\_\_\_



3. \_\_\_\_\_



4. \_\_\_\_\_



5. \_\_\_\_\_

## ADDING “MORE” OR “LESS”

1. Eat \_\_\_\_\_ junk food. It makes you fat!
2. Wash your hands \_\_\_\_\_. You will have less chance of catching flu.
3. Sleep \_\_\_\_\_, but try to wake up at the usual time. Even at weekends!
4. Go outside \_\_\_\_\_. If you do need to go outside, wear a sun hat.
5. Watch \_\_\_\_\_ television. Looking at the screen for too long hurts your eyes.
6. Do \_\_\_\_\_ exercise, and you will feel fitter and healthier.