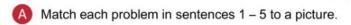
## World English 1B Unit 10 Grammar Practice



- 1. I can't sleep more than 5 hours every night.
- 2. I need to loose weight.
- 3. I eat too much sugary foods.
- 4. I'm very stressed.
- 5. I need to quit smoking.







B	Here are some suggestions	and advices.	Which	problems	in exercise	e A are	they	suitable
	for?							

- You should try eating more vegetables.
  You could work out in a gym.
  You should take a relaxing vacation.
  You have to stop using your mobile in bed.
- Match each question to the correct answer.

5. You could try buying less cigarettes.

- How often do you drink soda?
  How many cups if water do you drink a day?
  How much sugar do you put in your coffee?
  How old will you be this year?
  How long will the lesson be?
  Not much. Just a teaspoon.
  About one hour.
  About eight.
  Every week.
- D Complete the questions using much, many, often, long or old.
  - How old is your grandmother? She's 89.
    How does it take to play the piano? Many years.
    How bread do you eat for breakfast? Not much.
    How do the kids practice exercise? Every Monday and Wednesday.
    How Kids do you have? Two, a girl and a boy.



