



Hnas. del Niño Jesús Pobre  
80 años en Colombia

## Colegio Santa Clara

### Listening activity



1. Listen to the audio published in Classroom, then complete the text with the words in the box.

home	breakfast	routine	evenings	gym
because	computer	lunch		return
Internet		6:30	people	usual
usually	working		phone	early

Hi, I'm Mike and this is my daily 1) \_\_\_\_\_. I get up 2) \_\_\_\_\_ every day, around 3) \_\_\_\_\_ and I go to the 4) \_\_\_\_\_ for a work-out before I go to work. I 5) \_\_\_\_\_ do aerobic exercise for a while and then do some weightlifting for maybe half an hour at the gym, then I'll 6) \_\_\_\_\_ home, and as I work from my 7) \_\_\_\_\_, I turn on my 8) \_\_\_\_\_ and start working on what needs to be done. I usually skip 9) \_\_\_\_\_ and I'll work until about 12:00 then I'll prepare 10) \_\_\_\_\_ and have a fairly big lunch 11) \_\_\_\_\_. I don't eat breakfast. Then after lunch, I'll go back, continue 12) \_\_\_\_\_ on Internet or whatever I have to do for work, until about 6:00 when I usually start getting 13) \_\_\_\_\_ calls from friends of mine who live abroad and

then in the 14) \_\_\_\_\_ if I'm not using my time doing things with the 15) \_\_\_\_\_ or surfing the web, then I'm speaking to 16) \_\_\_\_\_ on the Internet or on my phone and that pretty much sums up my 17) \_\_\_\_\_ daily routine.