Hnas. del Niño Jesús Pobre
80 años en Colombia

Colegio Santa Clara

Listening activity



1. Listen to the audio published in Classroom, then complete the text with the words in the box.

home	breakfast	routine	evenings	gym
because	computer	lunch	return	
Internet	6:30	people	usual	
usually	working	phone	early	

Hi, I'm Mike and this is my daily 1) _____. I get up 2) _____every day, around 3) _____and I go to the 4) _____for a work-out before I go to work. I 5) _____do aerobic exercise for a while and then do some weightlifting for maybe half an hour at the gym, then I'll 6) _____ home, and as I work from my 7) _____, I turn on my 8) _____and start working on what needs to be done. I usually skip 9) _____and I'll work until about 12:00 then I'll prepare 10) _____and have a fairly big lunch 11) _____I don't eat breakfast. Then after lunch, I'll go back, continue 12) _____on Internet or whatever I have to do for work, until about 6:00 when I usually start getting 13) _____calls from friends of mine who live abroad and

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then in the 14) _____if I'm not using my time doing things with the 15) _____or surfing the web, then I'm speaking to 16) _____on the Internet or on my phone and that pretty much sums up my 17) _____daily routine.

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