

# Let's Change Our Lifestyle



Listen and complete  
the information



**Eddy:** , Andrea! Can I ask you some questions?

**Andrea:** Of course, Eddy. Ask me.

**Eddy:** is your favourite sport?

**Andrea:** My favourite sport is skateboarding. I love it.

**Eddy:** How often do you go skateboarding?

**Andrea:** Twice a week in the

**Eddy:** do you skate?

**Andrea:** In the local skatepark.

**Eddy:** Do you meet any there?

**Andrea:** No, I do it on my own.



**Eddy:** Basilio! It's nice to see you!

**Basilio:** Hi, Eddy! to see you too.

**Eddy:** What is your favourite sport?

**Basilio:** My favourite sport is running. I love it.

**Eddy:** How often do you go ?

**Basilio:** Three times a week in the evening.

**Eddy:** Where do you run?

**Basilio:** In the park in front of my

**Eddy:** Do you meet any friends for running?

**Basilio:** No, I do it on my own.



Kelineth P.



I go \_\_\_\_\_ twice a week in the morning.

I go \_\_\_\_\_ three times a week in the evening.



Choose the  
correct option

Write "B" or "A"

Example:

I go running. It's my favourite sport.

**B**

1. I go skateboarding. I love it.

2. I do it twice a week.

3. I do it three times a week.

4. I go running in the park.

5. I go skateboarding in the skatepark.