

PGGMB YEAR 1 SCIENCE

Name: _____

Date: _____

Year 1 Excellent

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UNIT 5. STAYING HEALTHY

KEEPING OUR TEETH CLEAN

To stay healthy, we need to keep our teeth clean. What are some things we can do to keep our teeth clean? Why is it important to keep it clean? Look at each picture and choose the correct answers.

1. We brush our teeth daily to keep them _____.

- a) clean and healthy
- b) dirty
- c) smelly

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2. We brush our teeth after _____.

- a) playing
- b) eating
- c) singing

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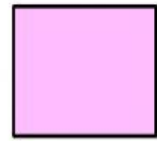
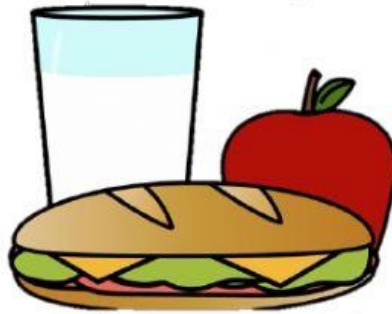
3. We brush our teeth with _____

- a) soap and toothbrush
- b) shampoo and soap
- c) toothpaste and toothbrush

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4. We must eat _____ to keep our teeth strong.

- a) candy
- b) healthy food
- c) toothpaste



5. We must visit _____ twice a year for regular check-up.

- a) teacher
- b) friends
- c) dentist



6. We brush our teeth at least _____ daily.

- a) once
- b) twice
- c) zero



7. If we do not take care of our teeth it will _____.

- a) decay
- b) clean
- c) strong



8. Use _____ and floss to help clean teeth.

- a) mouthwash
- b) sugar
- c) comb

