

1. Match the sentences 1-6 with the times a-f. Take turns to say the sentences with a partner.

1. Sophie usually eats dinner at 9:30 pm.	a. nine thirty in the morning
2. Kevin often has breakfast meetings at 8:00 am.	b. one fifteen in the morning
3. Bruce has a video conference at 9:30 am.	c. eight in the evening
4. Sean always has lunch at 1:15 pm.	d. one fifteen in the afternoon
5. Lindsay sometimes gets the train home from work at 20:00.	e. nine thirty in the evening
6. Michael's plane leaves at 01:15.	f. eight o'clock in the morning

Listening 

1. Listen to Doug Scott talking about his job. What time does he start and finish work?

Start _____ : _____

Finish _____ : _____

2. Listen again. Choose the correct option a-c to complete the sentences.

1. I work at night because I contact colleagues in other
a. companies b. countries c. departments
2. When I arrive at work, I usually read my
a. emails b. mail c. Information
3. It's 7 pm in London, so it's 11 am in
a. Shanghai b. LA c. Milan
4. I write a report at
a. midnight b. night c. midday
5. I never go out
a. before work b. at work c. after work
6. I have my free time during the
a. night b. day c. afternoon