1. Match the sentences 1-6 with the times a-f. Take turns to say the sentences with a partner.

- Sophie usually eats dinner at 9:30 pm.
- Kevin often has breakfast meetings at 8:00 am.
 one fifteen in the morning
- Bruce has a video conference at 9:30 am.
- 4. Sean always has lunch at 1:15 pm.
- 5. Lindsay sometimes gets the train home from work at 20:00.
- 6. Michael's plane leaves at 01:15.

- a. nine thirty in the morning
- c. eight in the evening
- d. one fifteen in the afternoon
- e. nine thirty in the evening
- f. eight o'clock in the morning

Listening ()

1. Listen to Doug Scott talking about his job. What time does he start and finish work?

Start	:	
Finish	:	

- 2. Listen again. Choose the correct option a-c to complete the sentences.
 - 1. I work at night because I contact colleagues in other
 - c. departments
 - b. countries a. companies 2. When I arrive at work, I usually read my
 - a. emails b. mail c. Information
 - 3. It's 7 pm in London, so it's 11 am in
 - b. LA c. Milan a. Shangai
 - 4. I write a report at
 - a. midnight b. night c. midday
 - I never go out
 - c. after work a. before work b. at work
 - 6. I have my free time during the
 - a. night b. day c. afternoon

