1. Match the sentences 1-6 with the times a-f. Take turns to say the sentences with a partner.

1. Sophie usually eats dinner at 9:30 pm.
2. Kevin often has breakfast meetings at 8:00 am.
3. Bruce has a video conference at 9:30 am.
4. Sean always has lunch at 1:15 pm.
5. Lindsay sometimes gets the train home from work at 20:00.
6. Michael's plane leaves at 01:15.

a. nine thirty in the morning
b. one fifteen in the morning
c. eight in the evening
d. one fifteen in the afternoon
e. nine thirty in the evening
f. eight o'clock in the morning

Listening



1. Listen to Doug Scott talking about his job. What time does he start and finish work?

Start _____ : _____

Finish _____ : _____

2. Listen again. Choose the correct option a-c to complete the sentences.

1. I work at night because I contact colleagues in other
   a. companies b. countries c. departments
2. When I arrive at work, I usually read my
   a. emails b. mail c. Information
3. It's 7 pm in London, so it's 11 am in
   a. Shangai b. LA c. Milan
4. I write a report at
   a. midnight b. night c. midday
5. I never go out
   a. before work b. at work c. after work
6. I have my free time during the
   a. night b. day c. afternoon

LIVEWORKSHEETS