

LISTEN AND CHOOSE THE WORDS YOU HEAR

Headache

stomachache

toothache

allergy

sick

LISTEN AND SELECT THREE ADVICE ABOUT PREPARING FOR THE EVENT

Do more exercise

Eat more fruit/ vegetables

Sleep more

Eat less junk food

Watch less TV

LISTEN AND TICK IN THE BOXES TRUE OR FALSE

| STATEMENTS | TRUE | FALSE |
|---|------|-------|
| 1. He wanted to do sports because of his friends. | | |
| 2. Taking up sports was easy. | | |
| 3. He takes part in this event only in Viet Nam. | | |
| 4. In this event, you swim, run, and climb. | | |
| 5. This event uses more than 6,000 calories. | | |