Let's Change Our Lifestyle

Activity 1: Outdoor sports

LET'S OBSERVE!

Classify the pictures into team sports and individual sports.


Soccer


Running


Skateboarding


Basketball


Biking


Walking

Team sports	Individual sports
Football ----------	_____ _____ _____ _____

LET'S LISTEN AND READ!

Listen to and **read**.



Talk to your friends and ask what they do to protect their health when they do outdoor sports.







Eddy: Hello, Andrea! Can I ask you some questions?

Andrea: Of course, Eddy. Ask me.

Eddy: What is your favourite sport?

Andrea: My favourite sport is skateboarding. I love it.

Eddy: How often do you go skateboarding?

Andrea: Twice a week in the morning.

Eddy: Where do you skate?

Andrea: In the local skatepark.

Eddy: Do you meet any friends there?

Andrea: No, I do it on my own.

Eddy: Basilio! It's nice to see you!

Basilio: Hi, Eddy! Good to see you too.

Eddy: What is your favourite sport?

Basilio: My favourite sport is running. I love it.

Eddy: How often do you go running?

Basilio: Three times a week in the evening.

Eddy: Where do you run?

Basilio: In the park in front of my house.

Eddy: Do you meet any friends for running?

Basilio: No, I do it on my own.

LIVEWORKSHEETS

LET'S UNDERSTAND!

UNDERSTAND-EXERCISE 1

Complete the sentences.



I go_____twice a week in the morning.

I go_____three times a week in the evening.



UNDERSTAND-EXERCISE 2

Write A (Andrea) or B (Basilio).

Example:

I go running. It's my favourite sport. B

1. I go skateboarding. I love it. ☐
2. I do it twice a week. ☐
3. I do it three times a week. ☐
4. I go running in the park. ☐
5. I go skateboarding in the skatepark. ☐

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¿Sabías que existen estándares internacionales sobre lo que puedes hacer con el inglés? Aquí puedes responder algunas preguntas relacionadas con estos estándares.



1. **¿Puedo reconocer palabras simples (deportes) en inglés con el apoyo de imágenes? SÍ - NO**
2. **¿Puedo reconocer el significado de expresiones de tiempo ("twice a week", "three times a week")? SÍ - NO**
3. **¿Puedo comprender una conversación corta sobre deportes? SÍ - NO**



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