

Healthy and Strong – LB page 48

Activities	Healthy Foods
w _____	a _____
d _____	y _____
s _____ r _____	c _____
c _____	o _____
p _____ f _____	s _____
r _____	m _____



walking running dancing cycling playing football skipping rope



apples

oranges

carrots

soup

yogurt

milk