



Name: _____ No. _____ Gr. _____

A. Drag and drop.

rest

health

sleep

bed

exercise

- _____ keep us fit and healthy.
- _____ is the best rest.
- Exercise is important for our _____.
- We should have enough _____ and sleep.
- We go to _____ for a good night's rest.

B. Choose **TRUE** if it is correct and **FALSE** if it is wrong.



- _____ 1. We listen to the chair.
- _____ 2. Reading book is a kind of rest.
- _____ 3. Playing football is an exercise.
- _____ 4. Sitting on the radio is a rest.
- _____ 5. Exercise is not important.