

**Social Studies**  
**Adolescent Development Worksheet**

**Instructions:-**

Categorise the images and statements as either **EMOTIONAL**, **PHYSICAL** or **HORMONAL** changes.



1. I better make myself look smashing today.



2. I hate my oily skin. It gives me such bad acne.



3. I'm so in love with my boyfriend/girlfriend.



4. My friends are so important to me.



5. I am so attracted to him. Hope he feels the same way too.



6. I'm so glad I have bigger breasts. Now I can wear bras.