

STUDENT'S FULL NAME:

Activity 2: Peruvian Superfoods.

LEARNING EXPERIENCE 8

English: Level A2

Let's Change Our Lifestyle

PURPOSE: Elaborar un video de una receta de un plato típico peruano



COMPETENCIA	CAPACIDAD	DESEMPEÑOS
Se comunica oralmente en Inglés como lengua extranjera.	-Obtiene información del texto oral o audio en Inglés sobre alimentos saludables reconociendo los partitivos y cuantificadores.	-Identifica healthy and unhealthy meals. - Relaciona las preguntas con sus respuestas. - Ordena palabras. - Completa información con some and any. - Identifica containers y partitives con los alimentos que le corresponden.

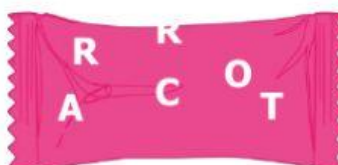


Activity 2: Peruvian superfoods LEAD IN

Unscramble the words.



some quinoa



a c



some w flour



some g



an a



a p

* Material elaborado en colaboración con RELO Andes de la Embajada de Estados Unidos.

PRIOR KNOWLEDGE: PARTITIVES

1. What partitives do you know? Can you mention them after watching the video?

2. What cooking verbs do you know? Can you mention after watching the video.

PRACTISE-EXERCISE 2

Read the table.

UNCOUNTABLE NOUNS		
UNITS	CONTAINERS	MEASUREMENTS
A piece of cake/cheese A bar of chocolate A slice of bread/toast/cake A loaf of bread	A carton of milk/juice A can/tin of soup A glass of orange juice A box of chocolates A cup of coffee A bottle of water	A litre of milk Half a kilo of sugar

Match the words of the two groups using arrows.

1) A cup of

2) A packet of

3) A spoonful

4) A carton of

5) A can of

6) A slice of

A. cake

B. milk

C. soup

D. tea

E. cereals

F. sugar

Select the right containers or measurements.



VERBS FOR COOKING

1. Match the words dragging the words to the pictures.



BLEND



PEEL



DRAIN

2. Select the correct words



**LET'S PRACTISE!****LISTENING COMPREHENSION PRACTISE-EXERCISE 1**

Listen to Julio Garay's interview and write T (true) or F (false).

Example:



Julio Garay is a Peruvian agro-industrial engineer who created Nutri H, anti-anemia- cookies.

Julio is an international winner.

T

1. Peruvian people didn't support Julio's idea on the web.

☐

2. Nutri H are cookies made of superfoods.

☐

3. Nutri H fights anemia.

☐

4. Quinoa, wheat flour, chocolate and sugar are some ingredients for the cookies.

☐☐

5. Blood is the most important ingredient for the cookies.

☐

6. Julio didn't suffer anemia.

☐

7. Julio thinks healthy eating is important.

☐**PRACTISE-EXERCISE 2**

Complete with "some", "a" or "an".

At home, we usually eat healthy food to prevent diseases.

I'm in charge of buying groceries, for this reason I looked for some information about healthy food.

Last time I went to the market, I bought (1) some carrots, tomatoes, onions and (2) a head of lettuce. About fruit I got (3) _____ bananas, oranges and apples. I usually eat (4) _____ apple every morning.

Tubers and grains are also important, so I bought (5) _____ kilo of potatoes, some sweet potatoes and (6) _____ quinoa and wheat flour.



**PRACTISE-EXERCISE 3**

Look at the pictures and tick "✓" healthy products or cross "X" unhealthy products.



My healthy shopping list

- ☐ A carton of milk
- ☐ A bottle of soda
- ☐ A bag of candies
- ☐ A packet of wheat flour
- ☐ A kilo of potatoes
- ☐ A dozen of eggs
- ☐ A slice of pizza
- ☐ A can of tuna
- ☐ A piece of cheese
- ☐ A bar of chocolate

Sigue revisando lo que puedes hacer con el inglés según los estándares internacionales. Aquí algunas preguntas más. ¿Lo puedes lograr?



1. ¿Puedo reconocer el vocabulario sobre alimentos? **SÍ - NO**
2. ¿Puedo utilizar el pronombre indefinido "some" y los artículos "a" o "an" al referirme a alimentos? **SÍ - NO**
3. ¿Puedo identificar el vocabulario relacionado con alimentos al leer una lista de compras? **SÍ - NO**