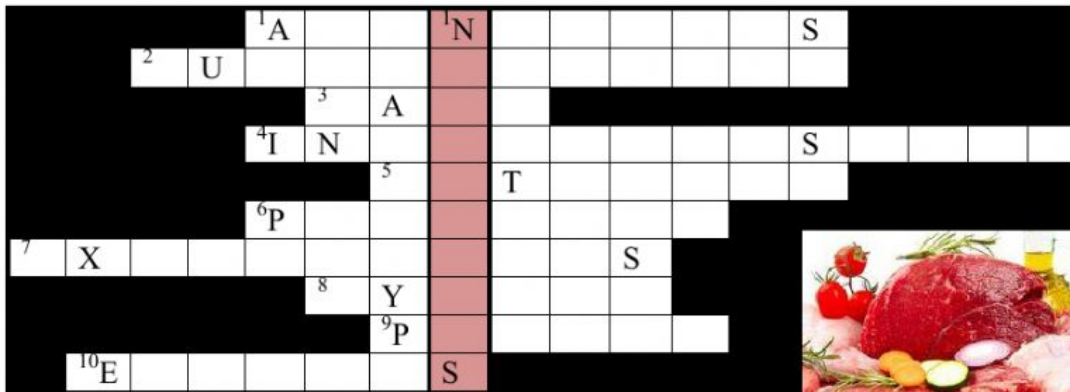


## Crossword

## Meat importance in the diet

Is the meat important?



### Across

1. any of the substances that combine to form the basic structure of proteins;
2. minerals present in large quantity in the body, in the bones and the teeth;
3. a solid or liquid substance from animals or plants, when you are thinking of them as part of what a person eats;
4. a chemical formed from a metal, an acid and Nitrogen (a gas that is found in large quantities in the earth's atmosphere );
5. a natural substance found in food that is an essential part of what humans and animals eat to help them grow and stay healthy;
6. a natural substance found in meat, eggs, fish, some vegetables, etc. They are an essential part of what humans and animals eat to help them grow and stay healthy;
7. particles that are extensively extract of natural resources without their renewal;
8. a fibrous protein that forms (together with actin) the contractile filaments of muscle cells and is also involved in other types of cells;
9. a [heterocyclic aromatic organic compound](#) is a significant component in DNA and RNA;
10. substances, produced by all living things, which helps a chemical change happen or happen more quickly, without being changed themselves;

### Down

1. \_\_\_\_\_