



## 2nd Quim

NAME:	GRADE: <b>7th</b>	PROJECT: <b>5</b>	WEEK: <b>3</b>
DATE:	2021 - 2022		

### FOOD CHOICES

#### READING:

- ✦ Read Samira's family planning for grocery shopping. Pay attention to the words in blue.

It is a good idea to make a list of what your family needs during the week; so, by the weekend, you know **how much** you have and **how many** items you need to buy before going to a supermarket or a store. It is important



to save money so choose shops that give you discounts or products on sale, and check **how much** you can save by comparing them.

Look for healthy items. At present, products

have labels that permit you to identify **how much** fat, sugar or salt they contain?

#### GRAMMAR

**HOW MANY?**  
**For countable**

**HOW MUCH?**  
**For Uncountable**  
**nouns**

1. Practice the pronunciation and label the food, use the words from the word bank.

**PEPPER - FISH - BANANA - FLOUR - CHEESE - POTATOE - LETTUCE - HONEY**



BANANA





2. Complete the following questions by using words from the box. Use the example for helping you.

water	apples	milk	tomatoes	yogurt
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- a. How **much** \_\_\_\_\_ do you put to your coffee?
- b. How **many** \_\_\_\_\_ do you eat every day?
- c. How **much** water is recommended to drink in a day?
- d. How **much** \_\_\_\_\_ do you put to the cereal?
- e. How **many** \_\_\_\_\_ does your mom put to the salad?

3. Circle the health tips for staying healthy.

- a. Eating Late at Night.
- b. Consume less salt and sugar.
- c. Drink soda
- d. Don't smoke
- e. Be active and do exercises