



Risk Factors to Our Health Science



Instructions: Use the words in the box to answer questions 1 to 10.

germs wash diarrhea contaminated safe
micro-organisms store treated sanitation covered

1. It is important that the food we eat and the water we drink are _____.
2. If germs such as harmful _____ get into our food, we may get food poisoning.
3. Food poisoning is an illness that results in vomiting and/ or _____.
4. When water is _____ that means that it is unsafe for drinking.
5. We can prevent food poisoning by not allowing _____ to get in our food and drinks.
6. We must always our _____ hands before we touch food.
7. It is very important to _____ food properly so that it does not get contaminated.
8. We should not use water for drinking or cooking that has not been properly _____.
9. Using unclean toilets and not cleaning up after yourself is poor _____.
10. You should always keep your garbage bin _____ and replace the bag when it is full.
11. Look at the pictures. Which way can food be kept safe?

A



B



C



12. We do this to help keep our food safe. This is _____.

Use the pencil to match the picture with the statement.

1. Teach children to use a potty



2. Boiling water that may not be treated



3. Clean up faeces from pets



4. skin irritations



5. gastrointestinal diseases



6. vomiting

