

Risk Factors to Our Health
Science



Instructions: Use the words in the box to answer questions 1 to 10.

germs	wash	diarrhea	contaminated	safe
micro-organisms	store	treated	sanitation	covered

1. It is important that the food we eat and the water we drink are _____.

2. If germs such as harmful _____get into our food, we may get food poisoning.

3. Food poisoning is an illness that results in vomiting and/ or_____ .

4. When water is _____that means that it is unsafe for drinking.

5. We can prevent food poisoning by not allowing _____ to get in our food and drinks.

6. We must always our _____hands before we touch food.

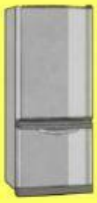
7. It is very important to _____food properly so that it does not get contaminated.

8. We should not use water for drinking or cooking that has not been properly_____.

9. Using unclean toilets and not cleaning up after yourself is poor _____.

10. You should always keep your garbage bin _____and replace the bag when it is full.

11. Look at the pictures. Which way can food be kept safe?

A 

B 

C 



12. We do this to help keep our food safe. This is _____

LIVEWORKSHEETS

Use the pencil to match the picture with the statemenst.

1. Teach children to use a potty



2. Boiling water that may not be treated



3. Clean up faeces from pets



4. skin irritations



5. gastrointestinal diseases



6. vomiting



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