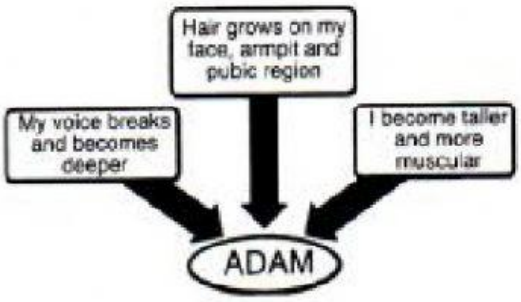
1. Figure below shows a conversation between Adam and Karen. What can you deduce from their conversation?



A. They are discussing secondary sexual characteristics during puberty.
B. They do not like hairs growing on their bodies.
C. Adam does not like his voice change.
D. Karen is having problems with her menstrual cycle.

2. Boys and girls experience physical changes during puberty. Which of the following statements are correct physical changes during their puberty?

	Boys	Girls
A.	Breast grow bigger	Voice breaks and becomes deeper
B.	Breast grow bigger	Menstruation starts which comes with painful cramp
C.	Shoulders widen and height increases	Body becomes more muscular
D.	Voice breaks and becomes deeper	Menstruation starts which comes with painful cramp

3. What physical change usually takes place in boys when they go through puberty?

A. Hips widen and becomes rounder.
B. Voice 'breaks' and deepens.
C. Menstruation starts.
D. Breast grow bigger.

4. Which one of the following occurs in both males and females during puberty?

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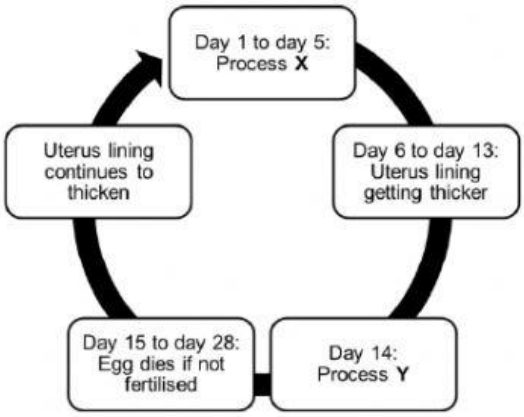
A. Growth of facial hair.
B. Growth of pubic hair.
C. Widening of hips.
D. Widening of shoulders.

5. The menstrual cycle is shown in figure below. Name process X and process Y.



	Process X	Process Y
A.	Menstruation	Ovulation
B.	Ovulation	Menstruation
C.	Fertilisation	Period
D.	Puberty	Menstruation

6. In each month, a woman will experienced her menstrual cycle. On the 14th day of a woman's menstrual cycle, an egg is released from the oviduct. What is the name given to this process?

A. Fertilisation.
B. Implantation.
C. Menstruation.
D. Ovulation.

7. The menstrual cycle lasts for about 28 days. Figure below is a diagram representing the menstrual cycle.

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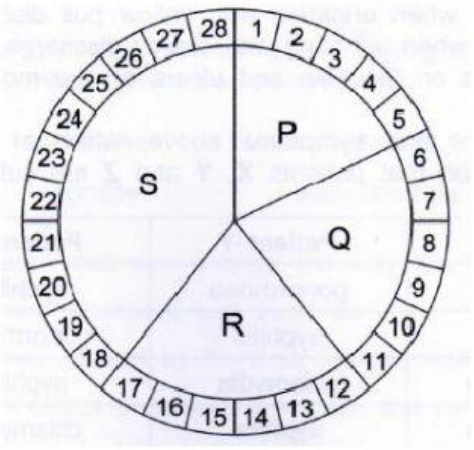

Which of the following correctly identifies what happens to the uterine lining at P, Q and S during the menstrual cycle?

	P	Q	S
A.	Repair	Repair	Shedding
B.	Repair	Thickening	Shedding
C.	Shedding	Repair	Thickening
D.	Shedding	Thickening	Repair

8. A woman ovulates on the 2nd of October. In which week will her next menstrual period begin?

	October						
Day	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**	**Sunday**
Week				1	2	3	4
A.	5	6	7	8	9	10	11
B.	12	13	14	15	16	17	18
C.	19	20	21	22	23	24	25
D.	26	27	28	29	30	31	

9. What would happen to the thickness of the lining of the uterus after 28 days if an ovum is not fertilized?

A. The uterus lining breaks down and ovulation occurs.

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B. The uterus lining continues to thicken for another ovum.
C. The uterus lining breaks down and menstruation occurs.
D. The thickness of the uterus lining remains the same.

10. In the female reproductive system, the (1) _____ breaks down and the (2) _____ discharges the blood and dead tissues when an egg is not fertilized.

	(1)	(2)
A.	uterus lining	uterus
B.	oviduct lining	uterus
C.	uterus lining	ovary
D.	uterus	ovary

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