

Modal verbs: Free time activities

- 1) Think about a hobby you have. What do you do?

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- 2) Write down the things you can or can't do here:

E.g: I go swimming. In the pool I can't run but I can walk. I can't jump very high but I can jump with the teacher.

- 3) Read the following text and complete the blank spaces with an appropriate word:

Do sport at home!

STAR REVIEW

Last summer it rained a lot and I had to
1) stay indoors. I was really bored
because I 2) _____ do any sport.
Then my parents bought me a new
computer game. It's a sports game that you
3) _____ play in your living room. It
has five sports: tennis, baseball, golf, boxing
and bowling. You 4) _____ to use the
same movements you use in a real game.
It's great because you 5) _____ have
to play on your own. You 6) _____
also play with a friend.

4. Read the following "rules". Complete the text with **must** or **mustn't**:

Five rules for keeping fit and healthy!

- 1 You _____ do regular exercise.
- 2 You _____ eat a lot of junk food.
- 3 You _____ get 7–8 hours of sleep a night.
- 4 You _____ drink a lot of sugary drinks like cola.
- 5 You _____ eat a lot of fruit and vegetables.

5. Read the conversations and complete them with **should** or **shouldn't** and choose a verb from the box.

bake do eat get up have take

- 1 **A:** I'm really thirsty!
 B: You should have a drink.
- 2 **A:** I'm hungry, but I don't have time for breakfast.
 B: You _____ so late.
- 3 **A:** It's my dad's birthday tomorrow.
 B: You _____ him a cake.
- 4 **A:** I really want to get fit.
 B: You _____ more sport.
- 5 **A:** I'm always hungry after swimming club.
 B: You _____ a banana with you.
- 6 **A:** I can't finish my dinner.
 B: You _____ snacks between meals.

6. Read the following problems and write an advice:

I don't understand Maths	
My sister is eating too much chocolate. She's ill	
My friends don't like doing sports with me	

