

Name: _____

Class: _____

Task 1: Listen and answer the questions.

1. Did he get enough sleep? _____
2. Did he eat a healthy breakfast? _____
3. Why does he feel better? _____

Task 2: Look at the pictures of Daniel. Write about his unhealthy habits.



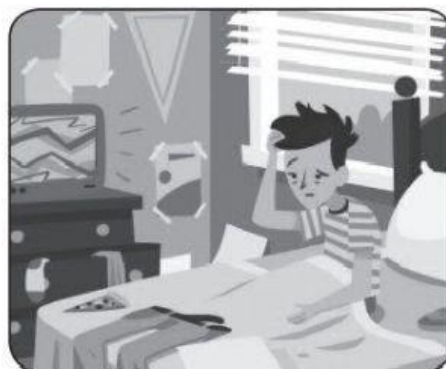
1. _____



2. _____



3. _____



4. _____

Task 3: Answer the questions for you.

1. Did you eat a healthy breakfast this morning?

_____.

2. Did you get enough exercise last week?

_____.

3. Did you take a shower yesterday?

_____.

4. Did you watch TV last Saturday?

_____.

Task 4: Complete the dialogues. Write *did* or *didn't*. Use a capital letter when necessary.

1. **A:** Simon, _____ you eat breakfast?

B: No, Mum. I _____.

2. **A:** _____ you brush your teeth?

B: No, I _____.

3. **A:** So, what _____ you do this morning?

B: Well, I _____ get dressed, I'm still wearing my pyjamas!

Task 5: Write about the healthy activities you do everyday. Write two or three sentences.
