

Let's have a look at the continuous aspect:

Form

to be + -ing (present participle)

am playing

was watching

have been making

is getting

be working

Meaning

An aspect is the way something can be looked at or regarded. With verb forms, there are three aspects: simple, continuous, and perfect. This lesson focuses on the continuous aspect.

The continuous aspect looks at the action and its duration, rather than the result of the action. It suggests that the action has a temporary and limited duration.

It is rare for the continuous aspect to use verbs that describe feelings (*hate, like, prefer, ...*), senses (*hear, smell, see, ...*), or thoughts (*believe, understand, think, ...*). We call these verbs "stative" or "state" verbs, because they speak about the state of a person or object.

Use the following exercises to test yourself.

1.	Is that the new computer game you ordered? _____ it?	you + enjoy
2.	At 9 o'clock tomorrow, I _____ on the train.	sit
3.	When I came home, he _____.	sleep
4.	I have to go! She _____ for me.	must + wait
5.	Rob _____ all day last week.	hike
6.	While she _____, Bill _____ on the computer.	read/ work
7.	In January, I _____ at my brother's again.	live
8.	I _____ because I just fell off my bike!	cry
9.	How long _____ there before they fired him?	he + work

10. What _____ since you graduated?	you + do
11. Who _____ to when I saw you?	you + talk
12. She _____ all morning, give her a break!	study